

## LAMBETH TOGETHER STRATEGIC BOARD

Date: **Wednesday 2 November 2022**

Time: **1.00 pm**

Venue: **In Person:** The Foundry, 17 Oval Way, London, SE11 5RR  
**Online:** [Microsoft Teams link](#)

### Members of the Committee

Di Aitken	GP, Lambeth Together Care Partnership Board Co-Chair. Neighbourhood and Wellbeing Delivery Alliance Clinical and Care Professional Lead
Ruth Hutt	Director of Public Health
Fiona Connolly	Executive Director of Adult Social Care (DASS), Strategic Director of Children's Services (DCS)
George Verghese	GP, Co-Chair of the Primary Care Clinical Cabinet
Adrian McLachlan	GP, Living Well Network Alliance Clinical and Care Professional Lead
Raj Mitra	GP, Children and Young People's Alliance Clinical and Care Professional Lead
Cllr Jim Dickson	Cabinet Member for Healthier Communities (job-share), Lambeth Together Care Partnership Board Co-Chair
Cllr Marcia Cameron	Cabinet Member for Healthier Communities (job-share)
Cllr Ben Kind	Cabinet Member for Children and Young People
Natalie Creary	Programme Director, Black Thrive
Sue Gallagher	Lambeth Together Care Partnership Board Lay Member
Sarah B Flanagan	Patient and Public Voice Member
Richard Wiltshire	Patient and Public Voice Member
Andrew Eyres	Place Executive Lead - Lambeth
Sarah Austin	Chief Executive Integrated and Specialist Medicine, GSTT NHS Foundation Trust
Julie Lowe	Site Chief Executive, Kings College Hospital NHS Foundation Trust
Kirsten Timmins	Deputy Chief Operating Officer, South London and the Maudsley NHS Foundation Trust
Therese Fletcher	Managing Director, Lambeth GP Federation
Paul Coles	CEO, Age UK Lambeth
Mairead Healy	Chief Executive, Healthwatch Lambeth
Penelope Jarrett	Chair, Lambeth Local Medical Committee

### Further Information

If you require any further information or have any queries please contact:  
Cheryl Smith, Email: [cheryl.smith@selondonics.nhs.uk](mailto:cheryl.smith@selondonics.nhs.uk)

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# Lambeth Together Care Partnership Public Forum and Board Meeting in Public

In Person & Microsoft Teams Meeting  
Wednesday, 2 November 2022 | 1:00pm – 5:00pm

## AGENDA

Members of the public are welcome and encouraged to attend the Public Forum and Board Meeting  
**In Person: The Foundry, 17 Oval Way, London, SE11 5RR**  
**Online: [Microsoft Teams link](#)**

This meeting will be recorded and be made available [here](#) after the meeting

Agenda Item No. and Time	Agenda Item Title	Attachment / Supporting Information	Agenda Item Lead
1 p.m.	<b>Public Forum</b>		
	<b>Welcome and introductions</b>  <b>The Public Forum and how to take part</b>  <b>Questions from the public</b>		<b>CLlr Jim Dickson</b> <i>Co-Chair</i>
2 p.m.	<b>Board Meeting in Public</b>		
1.	<b>Introductions</b> <ul style="list-style-type: none"> <li>Welcome, introductions and apologies.</li> </ul>		<b>Dr Di Aitken</b> <i>Co-Chair</i>
2.	<b>Declarations of Interest</b> <ul style="list-style-type: none"> <li>Members are asked to declare any interests on items included in this agenda.</li> </ul>		<b>Dr Di Aitken</b> <i>Co-Chair</i>
3.	<b>Review of Minutes</b> <ul style="list-style-type: none"> <li>Approve draft minutes and review matters arising from the Board meeting on 7<sup>th</sup> September 2022.</li> </ul>	Paper enc.	<b>Dr Di Aitken</b> <i>Co-Chair</i>
4. 2.10pm	<b>Decisions for Ratification</b> <ul style="list-style-type: none"> <li>Board members are asked to ratify a decision taken by Chairs on behalf of the Board.</li> </ul>	Paper enc.	<b>Dr Di Aitken</b> <i>Co-Chair</i>
5. 2.15pm	<b>Lambeth Together Care Partnership Update - Place Executive Lead Report</b>	Paper enc.	<b>Andrew Eyres</b> <i>Place Executive Lead - Strategic Director, Integrated Health and Care</i>

Agenda Item No. and Time	Agenda Item Title	Attachment / Supporting Information	Agenda Item Lead
	<ul style="list-style-type: none"> <li>An update to the Board of key developments since the last Board meeting.</li> </ul>		
6. 2.25pm	<b>Lambeth HEART</b> <ul style="list-style-type: none"> <li>Board members to receive an update on the successful Lambeth HEART funding bid.</li> </ul>	Paper enc.	<b>Ruth Hutt</b> <i>Director – Public Health</i> <b>Hiten Dodhia</b> <i>Consultant – Public Health</i>
7. 2:40pm	<b>Living Well Network Alliance (LWNA) – Deep Dive</b> <ul style="list-style-type: none"> <li>Board members to receive an overview of the LWN Alliance’s latest Business Plan, the Patient and Carer Race Equality Framework (PCREF), Lambeth Talking Therapies, Culturally Appropriate Peer Support and Advocacy (CAPSA) and Emotional Emancipation Circles (EECs).</li> </ul>	Presentation enc.  	<b>Sabrina Phillips</b> <i>Director - LWNA</i> <b>Guy Swindle</b> <i>Deputy Director – LWNA</i> <b>Mahir Demir</b> <i>South London &amp; Maudsley NHS Foundation Trust</i> <b>Shola Apena Rogers</b> <i>Interim Programme and Partnerships Manager (Adult Mental Health) - Black Thrive</i> <b>Adrian McLachlan</b> <i>Clinical lead</i>
3:25pm	<b>BREAK 10 mins</b>		
8. 3:35pm	<b>Cost of Living Crisis Programme</b> <ul style="list-style-type: none"> <li>Board members are asked to support Lambeth Council’s cost of living crisis programme.</li> </ul>	Presentation and paper enc.	<b>Laura Stoker</b> <i>Programme Lead Public Health</i>
9. 3:55pm	<b>Lambeth Together Assurance Update</b> <ul style="list-style-type: none"> <li>Board members are asked to note the accompanying report from the Lambeth Together Assurance Sub-Group.</li> </ul>	Paper enc.	<b>Sue Gallagher</b> <i>Board Lay Member</i> <b>Warren Beresford</b> <i>Associate Director Health and Care Planning and Intelligence</i>
10. 4:05pm	<b>Learning Disability and Autism (LDA) - Deep Dive</b> <ul style="list-style-type: none"> <li>Board members are asked to note the vision of the Lambeth All-age LDA Programme, with representations from partners and service users to highlight key contributions towards improving health and wellbeing of our communities.</li> </ul>	Presentation enc.	<b>Helen Bolger</b> <i>Lead Commissioner - Adults &amp; Public Health</i> <b>Judith Connolly</b> <i>Evelina London Children’s Hospital</i> <b>Kerry Harwood</b> <i>Guys and St Thomas’ NHS Foundation Trust</i> <b>Sarah Bruce</b> <i>Guys and St Thomas’ NHS Foundation Trust</i> <b>Daniel Turner</b> <i>South London &amp; Maudsley NHS Foundation Trust</i> <b>Maggie Brennan</b> <i>Lambeth Learning Disability Assembly</i> <b>Faye Bennett</b> <i>Lambeth Learning Disabilities Assembly</i> <b>Nandi Mukhopadhyay</b> <i>Clinical Lead</i>



Agenda Item No. and Time	Agenda Item Title	Attachment / Supporting Information	Agenda Item Lead
11. 4.50pm	<b>AOB</b> <b>Close</b> Date of next meeting: 11 <sup>th</sup> January 2022 <ul style="list-style-type: none"><li>▫ Public forum 1-2pm</li><li>▫ Board meeting in Public 2-5pm</li></ul>		<b>Dr Di Aitken</b> <i>Co-Chair</i>

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## LAMBETH TOGETHER STRATEGIC BOARD MINUTES

Wednesday 7 September 2022 at 1.00 pm  
Microsoft Teams

**Clerks Note:** “The Lambeth Together Strategic Board” currently acting as the Shadow Lambeth Together Care Partnership.

Links to the recording:

- [Click here for part one](#)
- [Click here for part two](#)
- [Click here for the LTCP Archive](#)

### Members Present:

Di Aitken	Lambeth Together Care Partnership Board Co-chair and Neighbourhood and Wellbeing Delivery Alliance Clinical and Care Professional Lead
Ruth Hutt	Director of Public Health, Lambeth Council
Fiona Connolly	Executive Director of Adult Social Care (DASS)/ Strategic Director of Children's Services (DCS) Lambeth Council
George Vegrhese	GP & co-Chair of Primary Care Clinical Cabinet
Raj Mitra	Children and Young People's Alliance Clinical and Care Professional Lead
Cllr Jim Dickson	Cabinet Member for Healthier Communities, LTCP Co-Chair (job-share)
Natalie Creary	Programme Director, Black Thrive
Sue Gallagher	LTCP Lay Member
Sarah B Flanagan	Patient and Public Voice
Richard Wiltshire	Patient and Public Voice
Andrew Eyres	Place Executive Lead, Strategic Director, Integrated Health & CareNHS SE London ICS (Lambeth) and Lambeth Council
Julie Lowe	Site Chief Executive, Kings College Hospital NHS Foundation Trust
Therese Fletcher	Managing Director, Lambeth GP Federation
Mairead Healy	Chief Executive, Healthwatch Lambeth
Penelope Jarrett	Chair, Lambeth Local Medical Committee



## Apologies:

Paul Coles	CEO, Age UK Lambeth
Sarah Austin	Chief Executive Integrated and Specialist Medicine, GSTT NHS Foundation Trust
Cllr Marcia Cameron	Cabinet Member for Healthier Communities (job-share)
Cllr Ben Kind	Cabinet member for Children and Young People
Dr Adrian McLachlan	Delivery Alliance Clinical and Care professional Lead
Kirsten Timmins	South London and the Maudsley NHS Foundation Trust - COO

## 1 Introductions

Dr Di Aitken welcomed members to the meeting and noted the topics discussed during the public meeting which included:

- Polio vaccinations
- Social prescribing
- Leisure services
- IT outages
- Cost of living crisis
- School nursing services
- Risk assessments for Monkey Pox
- Covid vaccinations for young people
- Referrals

The Chair greeted newly appointed members Mairead Healy, Rich Wiltshire, Sarah Flanagan, and Kirsten Timmins. Those present introduced themselves and apologies were noted from Paul Coles, Sarah Austin, Cllr Ben Kind, Dr Adrian McLachlan, and Kirsten Timmins.

## 2 Declarations of Interest

Members were asked to declare any conflicts of interests linked to the items on the agenda.

None were declared.

## 3 Minutes from 20.07.2022 Meeting

The minutes of the meeting of Wednesday 20 July 2022 were agreed as an accurate record of the meeting.





#### 4 Lambeth Together Care Partnership Update

Andrew Eyres, Strategic Director Integrated Health and Care provided an overview of key developments since the last board meeting. Following his presentation, the discussion included:

- Further details regarding the Clinical and Care Professional Leadership roles.
- Organisational Development work in Lambeth Borough, Sabrina Philips, Living Well Alliance Director, to provide an update in the next LTCP meeting.
- The strategy around rising gas prices and general cost of living increases, specifically the work being done to identify those most vulnerable, and how this will be incorporated into the Health and Wellbeing Strategy.

#### **RESOLVED**

1. To note the update.

To listen back to this item, refer to 01:03:54 of the part 1 recording.

To view the presentation/report accompanying this item, refer to pages 11 to 16 of the agenda pack.

#### 5 Lambeth Together Strategy Development

Bimpe Oki, Consultant in Public Health, provided an update to the board. Discussion included the challenges of mapping around social prescribing, especially with the impermanence of funded projects. Though, some degree of mapping did exist on a hyper local level, and the increased involvement of the voluntary sector in wellbeing can develop it further. Additionally, having a whole population approach that supports vulnerable people prevents people from getting sick. Questions were raised about whether the public consultation had fed back any emphasis on end-of-life care and 'dying well'. Matters arising included:

- Officers were requested to ensure that the way in which anchor institutions contribute to communities is built into the strategy.
- Cost of living implication were to be discussed at the next board meeting in November.
- Dr Di Aitken noted that she would link Rich Wiltshire with NWDA, and Wendy Thompson with Bimpe Oki.

#### **RESOLVED**

1. To note the report.

To listen back to this item, refer to 01:22:20 of the part 1 recording.

To view the presentation/report accompanying this item, refer to pages 17 to 28 of the agenda pack.



## 6 Equality, Diversity & Inclusion Update, and Inequalities Funding

Juliet Amoa, Associate Director EDI Community Health and Engagement, provided update on the successful South East London Health Inequalities Funding PIDs. Discussion and action points included:

- How data was captured to provide a better understanding of incidences.
- Officers to use polls in the October LTCP seminar to ask EDI members what they have done in the last year.
- Officer to provide update on the projects' status and impact once in progress.

### RESOLVED

1. To note the update.

To listen back to this item, refer to 01:47:35 of the part 1 recording.

To view the presentation/report accompanying this item, refer to pages 29 to 40 of the agenda pack.

## 7 Better Care Fund 2022/23

Jennifer Burgess, Integrated Commissioning Manager, and Jane Bowie, Director of Integrated Commissioning, provided an overview and answered questions. Jennifer Burgess was requested to respond to question about GP referrals being accepted and sent to the Lambeth Business Support Team email to be shared with the meeting group. Additionally, questions from the chat were to be answered outside the meeting and shared. The board was asked to send any further comments to Jennifer Burgess by Friday.

### RESOLVED

1. To approve and comment on the draft 2022/23 Better Care Fund plan

To listen back to this item, refer to 28:08 of the part 2 recording

To view the presentation/report accompanying this item, refer to pages 41 to 94 of the agenda pack.

## 8 Primary Care Governance

Garry Money and George Verghese provided an overview of the report. Board members were asked to approve the terms of reference and three names to proposed for the leadership group. Garry Money is to confirm the names of the board and circulate.

### RESOLVED

1. To approve the establishment of a sub-group of the board and note the Lambeth membership of the SEL Primary Care Leadership Group.

To listen back to this item, refer to 36:41 of the part 2 recording

To view the presentation/report accompanying this item, refer to pages 95 to 104 of the



agenda pack.

## 9 Children and Young People Alliance - Deep Dive

Jeanette Young, Dan Stoten, Claire Spencer, Monique Bertrand, Kathleen Richards, Bimpe Oki, Jessica Engen presented an overview on several programme proposals across the Children and Young People's Alliance and answered questions. Discussion included:

- Improving morale and staff training for the Maternity Transformation Programme and its impact. Officers noted it was at early stages but was hitting the mark.
- The need for more collaboration between maternity services and GPs and focus on women and traumatic births.
- Limited funding for wellbeing activities meant programme scope was limited and only proven best practice is implemented.

### RESOLVED

1. To note the reports.

To listen back to this item, refer to 01:59:18 of the part 1 recording

To view the presentation accompanying this item, refer to pages 105 to 190 of the agenda pack and 1-14 in the supplementary agenda pack.

## 10 AOB

Dr Di Aitken thanked Garry Money for his work.

The date of the next LTCP public board meeting was confirmed as 02 November 2022.

The meeting ended at 16:34

CHAIR  
LAMBETH TOGETHER STRATEGIC BOARD  
Wednesday 2 November 2022

Date of Despatch: Shyrina Rantisi

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**Lambeth Together Care Partnership 7 September 2022**  
**Response to Questions raised by Dr Penelope Jarrett**

**Question 1: Better Care Fund – detailed point 1: It is hard from the overview to understand how the spend relates to the 3 priority areas (described pp 48-54). I think detailed data pp 83-84 gives a bit more, but again not clearly linked to the 3 priorities.**

Below are the three priorities and associated schemes. The schemes are itemised in the Planning Template on tab 5a Expenditure.

### 1. Continued system development of Discharge to Assess (D2A) processes

Schemes that play a part in the discharge process, and establishing needs-based community support following discharge from hospital:

Scheme	Description	£000,000
Scheme 1	Reablement expenditure covers health and staff involvement in service provision	2,827,475
Schemes 6 and 9	Permanent placement into a care home	6,630,904
Scheme 8	Disabled Facilities Grant supports adaptations in the home environment to facilitate streamlined discharge from hospital	1,678,410
Scheme 9	Home care packages to facilitate discharge to a person's home or usual place of residence with support	14,946,411
Schemes 10, 12, 20 and 21	Supported discharge facilitating early discharge home with increased level of clinical and social support	6,516,243

### 2. Continued development of Lambeth Together

Schemes that support ongoing Alliance development are:

Scheme	Description	£000,000
Scheme 4	Project Smith coproduced community development as part of prevention/early intervention	157,950
Scheme 13	care home specialist nursing and therapies provision	868,415
Scheme 15	specialist pharmacist support to care homes	111,511
Scheme 17	enhanced clinical support to care homes, GPs and MDTs	357,485
Scheme 19	advice and support for people with dementia and their carers	84,069

### 3. Support to unpaid carers

Schemes that support carers and will be part of the refresh of the Carers Strategy are:

Scheme	Description	£000,000
Scheme 5	Provides support to family and/or friends who provide an unpaid carer role	1,017,000

Scheme descriptions and expenditure are grouped and summarised:

#### Scheme Types

Assistive Technologies and Equipment	£0	(0.0%)
Care Act Implementation Related Duties	£1,445,665	(3.1%)
Carers Services	£290,000	(0.6%)
Community Based Schemes	£525,589	(1.1%)
DFG Related Schemes	£1,678,410	(3.6%)

Enablers for Integration	£0	(0.0%)
High Impact Change Model for Managing Transfer of Care	£3,722,850	(8.1%)
Home Care or Domiciliary Care	£14,116,507	(30.6%)
Housing Related Schemes	£0	(0.0%)
Integrated Care Planning and Navigation	£0	(0.0%)
Bed based intermediate Care Services	£10,838,576	(23.5%)
Reablement in a persons own home	£3,250,919	(7.0%)
Personalised Budgeting and Commissioning	£0	(0.0%)
Personalised Care at Home	£1,998,116	(4.3%)
Prevention / Early Intervention	£1,624,598	(3.5%)
Residential Placements	£6,630,904	(14.4%)
Other	£0	(0.0%)
<b>Total</b>	<b>£46,122,134</b>	

**Question 2: Better Care Fund – detailed point 2: one of the biggest areas of spend is the @Home service (I think £3.4m). This is a service we value. Anecdotally I have heard some stories of GPs having difficulty getting their referrals accepted. Are there any data on acceptance rates of GP referrals vs Hospital referrals?**

Commissioners are revisiting with Guy's and St Thomas community services, the routine data on community services. Services are reviewed jointly, and commissioners will make note of Dr Jarrett's enquiry.

## Lambeth Together Care Partnership Board

### *Record of Chairs' Action*

The Lambeth Together Care Partnership Board takes decisions as per the *Integrated Care Board Lambeth Local Care Partnership Committee (Lambeth Together) Terms of Reference*, and in line with delegated responsibilities defined in the *Memorandum of Understanding – Integrated Care Board Agreement*, at the formal Board meeting which takes place bi-monthly (in public).




The aim of the board is to achieve consensus decision-making wherever possible. Where a vote is required, the core members, including the Co-Chairs, are the voting members of the Local Care Partnership Board.

It is preferential that all decisions are taken at the formal board meeting, though in the event a decision will need to be made outside of the timeframe for the upcoming meeting, Board members will be advised and asked to agree that a Chairs' action can take place on their behalf.

This document serves as a record of the Chairs' agreed action.

<b>Chairs' Action Title:</b>	Children and Adolescent Mental Health Service (CAMHS) Transformation Plan
<b>Summary:</b>	Board members were asked to review the Lambeth Place SEL ICS CAMHS Transformation Plan.  The proposals were reviewed and supported by board members at the Lambeth Together Seminar on October 5th 2022.  Board members agreed to sign off the final version by Chairs' action in advance of the formal board meeting in November in order to meet the required timescales.
<b>Chairs' Action Decision</b>	Chairs' Action Decision is:  to approve the CAMHS transformation plan as it pertains to Lambeth services and residents, as supported by Board members and the Children and Young People Alliance
<b>Date of Board agreement to delegate to a Chairs' action:</b>	Board members agreed a Chairs' action could be taken on 05/10/22 at the Lambeth Together Care Partnership Seminar
<b>Date Chairs' action Taken</b>	The Chairs' Action was agreed on 05/10/22 at the Lambeth Together Care Partnership Seminar

Signed on behalf of the Lambeth Together Care Partnership Board by:

Name	Title	Role	Date	Signature
1. Andrew Eyres	Strategic Director, Integrated Health & Care - Lambeth	Place Executive Lead - Lambeth	13/10/2022	
2. Dr Dianne Aitken	GP	Co-Chair	13/10/2022	
3. Cllr Jim Dickson	Cabinet Member for Healthier Communities	Co-Chair	13/10/2022	







**Lambeth Together Care Partnership Board  
Lambeth Together Place-lead Executive Update  
2 November 2022**

*Andrew Eyres; Strategic Director, Integrated Health, and Care*

### **Black History Month**



Lambeth Together celebrated Black History Month this October with our borough being home to one of the UK's biggest black communities, with people of African and Caribbean heritage adding to our rich and vibrant culture. This year's theme was about change, with the focus less on talking and more on doing. Taking action, making a stand and celebrating everything that is wonderful about black history.

In October, our Executive Group saw representations from Brixton Soup Kitchen, founded in 2013 by an inspiring Black resident Solomon Smith as a place where those needing a warm drink and a place to talk could come together and has developed this into a service that is now able to make referrals, support with housing, health and finances. We also heard from Dr Chi Chi Ekhaton and Rev Les Isaac OBE from Angell Town Beacon Project and their fantastic work bringing health checks to residents. With a refreshing outlook of being seen and approachable by the community. We very much look forward to hearing more from the recently launched Black Farmers Market, increasing exposure for Black growers and makers with an entrepreneurial flair in Brixton during Black History Month.

Continuing with the theme of taking action the Inspire Black Communities Health and Wellbeing Event was held at St Marks Church, Kennington on Saturday 15<sup>th</sup> October. The event was attended by about 470 people and provided health and wellbeing checks and advice plus opportunities to be physically active. The informal atmosphere was enhanced by a DJ and steel pan group playing outside of the Church. It was good to see a combination of people who attended last year, as well as new people attending for the first time. Participants were able to have diabetes, blood pressure and eye checks and received advice on prostate cancer, kidney health, weight management, mental health, maternal health, and chronic pain; with a range of GPs on hand to discuss any specific health issues. The Health and Wellbeing bus was also on-site providing flu and Covid-19 vaccinations and a total of 42 jabs were delivered. The feedback on the day was extremely positive. and the evaluation of the event is being pulled together. I am very grateful to the many community organisations, charities, local authority, and NHS colleagues who helped make the day a success.



Thanks also to the Lambeth Living Well Network Alliance and Black Thrive who presented at the South East London East London Integrated Care Board public board meeting last month on work they are doing to ensure that our mental health services are more culturally appropriate to our Black residents.

### **Our Governance and Leadership**

I would like to warmly welcome Kirsten Timmins, Deputy Chief Operating Officer for the South London and Maudsley NHS Foundation Trust, to her first Lambeth Together Care Partnership Board meeting this month.

Our new Patient and Public Voice Board Members, [Sarah Flanagan](#) and [Richard Wiltshire](#), who we met at their first Board meeting in September, now have their biographies on the Lambeth Together website. We are enormously grateful for the many volunteer hours that Sarah and Rich are giving to help us improve how

we hear and understand local communities and look forward to their insight in our ongoing work. We will soon also be joined by Andrew Carter, starting on November 7<sup>th</sup> in the role of Strategic Director of Children's Services for Lambeth Council.

We have also recruited to the Director Primary Care and Transformation role and I am delighted Oge Chesa will join the team from the end of December.

### **Integrated Care Board Visit to Lambeth**



At the end of September, Lambeth hosted a visit for ICS Chair Richard Douglas, and Tosca Fairchild, Chief of Staff, to showcase a number of our organisations and allow them to see the great work we do within the Lambeth Together partnership. During the visit, we were able to demonstrate the innovative approaches in Lambeth that we have developed – working alongside residents, service users and professionals to develop preventative and proactive services that support people in ways that are most valuable to them and close to their own homes and communities.

We started the day off at Tonic, Bankhouse – the UK's first LGBT+ affirming retirement community, moving on to Angell Town Beacon Hub – a hub that provides drop-in sessions where communities can gain access to sources concerning their health and wellbeing. Following this, we had lunch at Mosaic Clubhouse where their aim is to promote positive mental health for those aged 16 and over, living with severe mental health conditions, and then made our way to The Crescent Learning Disability Resource Centre who offer bespoke accommodation and high-quality support for Lambeth residents with learning disabilities. The last organisation to visit was the Hetherington Children's Centre who run Better Start programmes aiming to improve the life chances of babies and young children. Our final stop of the day was a meeting at the Civic Centre, where our visitors met with Cllr Jim Dickson, Cabinet Member for Healthier Communities, Bayo Dosunmu, Chief Executive for Lambeth Council and Ruth Hutt, Director of Public Health. My thanks to all those involved and for taking the time to contribute to making it such a great day.

### **Our Strategy Development**

The development of the Health and Wellbeing Strategy and Lambeth Health and Care Plan continues to progress well and is contributing to the development of the new Lambeth Borough Plan. The Health and Wellbeing Strategy priorities and outcomes have been put to the public and we received over 550 responses and views. Alongside this, a series of engagement sessions with Voluntary Community and Faith Sector organisations and Lambeth Together partners have taken place throughout September and October. The Health and Wellbeing Strategy priorities and outcomes have now been agreed and work will now continue to progress towards developing our implementation plans, including activity to be undertaken by Health and Care system.

On 13th October the Health and Wellbeing Board reviewed a wide range of strategy developments including progress with our Lambeth Health and Wellbeing Strategy, the Lambeth Borough Plan and the South East London Integrated Care System (SEL ICS) strategy. All papers are available on the [Lambeth Council website](#).

### **London Festival of Integration**

Ruth Hutt and I contributed to the London Festival of Integration recently held at the Guildhall. This aimed to share developments in Place-based working from across London in advance of the publication later this year of some best practice examples plus a toolkit for building Local Care (Place) Partnerships which was developed over last summer. Ruth chaired a couple of workshops on Population Health and I was Panel Member answering questions on our progress to date in Lambeth. It was really useful to start to hear more about what was happening beyond what we regularly see within South East London and I would encourage us all to be looking for new ideas beyond our usual sight lines. I look forward to sharing the final report with you.

### **Tackling Inequalities and Improving Equity**

We previously updated Board members that Lambeth was awarded funding for reducing health inequalities in the borough. All but one of the final projects have now submitted their funding contractual documentation and project plans are now ready to commence.

The first to begin will be three Living Well Network Alliance projects, providing well-being pop up clinics by Mosaic Clubhouse, the Black carers well-being project by Carers4Carers and the Emotional Emancipation Circles for the Black community led by Black Thrive.

Following shortly after, we expect the launch of the Primary Care Network programme, with GP Practices working together to implement inequalities plans for their areas. In addition, the Children's and Young People's alliance will collaborate with Public Health to launch the Improving childhood obesity project which will recruit Lambeth Healthy Weight Community Food Workers to help tackle childhood obesity in the borough.

The Neighbourhood and Wellbeing Delivery Alliance have now agreed to fund an additional 8 grassroots/community projects to build trust in the community and support the reduction of health inequalities. This alliance is also developing an innovation fund and providing support to our social prescribers. The KCH Diabetes Education provided by XPERT Insulin will also commence along with the NWDA projects once all required funding documentation has been submitted and approved.

The final projects to commence will be the Emotional Health and Wellbeing Support for Unaccompanied Asylum Seeking Children and an Emotional Support Project for Vulnerable Children who are not in Education, Training or Employment or Educated Other than at School, as the Children's and Young People's Alliance will be recruiting to get these projects underway. We look forward to seeing these start in early 2023.

### **World Mental Health Day**

For World Mental Health Day on October 10<sup>th</sup>, along with Cllr Dickson, I attended an inspiring event organised by South London Listens, a collaboration of the three south London mental health trusts, twelve local authorities and local communities to promote mental health and wellbeing. Over 6000 people across twelve boroughs have been involved in this work to listen to what communities, of all ages, say will help them most to support them to come together to assist people with their mental health concerns. Led by South London Citizens community groups the South London Listens Accountability Assembly featured a range of hard-hitting presentations and culminated in a range of specific requests for the statutory agencies commitment to enhance and grow this work that started two years ago. My thanks to Bimpe Oki (Lambeth Public Health Consultant) for coordinating our Lambeth input into the programme.

### **Our Alliances**

Work in the children and young people's space continues despite considerable capacity issues to drive the Alliance. We had an excellent Away Time with our Alliance Board in early September, in which we collaboratively established a series of outcomes which will form the Health and Care Strategy and the basis of our work over the coming years. There was a lot of energy in the room and a real willingness and excitement to work together. Alongside this, our Emotional Health and Wellbeing workstream is having further foundations laid by the finalisation of our Emotional Health and Wellbeing Local Transformation Plan and Needs Assessment; whilst we have gone through the first steps of governance to move work forward regarding our Family Hubs and Start for Life work.

The Living Well Network Alliance (LWNA) continues its work to improve the access, experience and outcomes of those needing mental health services. We have a continued focus on the determinants of health such as work, the physical health of the people we care for, with a focus on communities in the most deprived areas of Lambeth. During October the Alliance celebrated Black History Month The theme for 2022 is *Time for Change: Action, Not Words* and World Mental Health Day, this year's theme 'Make mental health and wellbeing for all a global priority'. The Alliance with its partners were able to shine a lens on some of the work they are doing through the Lambeth Improving Access to Psychological Therapies (IAPT), piloting of Culturally Appropriate Peer support and advocacy service that was coproduces and delivered by people with lived experience and the roll out of Emotional Emancipation Circles cofacilitated by Alliance staff and

Community members as some of the actions towards fulfilling these themes. Alliance colleagues were part of the Black Communities Health and Wellbeing day on 15<sup>th</sup> October and share information on how to access mental health services within Lambeth. We continue engage with key stakeholders as we develop our next 3-year LWNA business plan.

The Neighbourhood and Wellbeing Delivery Alliance (NWDA) continues its work on extending the reach of Thriving Communities (neighbourhood health & care networks) with both Streatham Primary Care Networks (PCNs) going live this autumn giving 87% coverage in Lambeth. We continue to focus on reducing health inequalities and working with community-based organisations we have developed the Integrated Care System funded Neighbourhood & Wellbeing Delivery Alliance - Health Inequalities Community Fund. This programme allocated funding to our social prescribing link workers and grassroots organisations to improve trust in the health and social care sector particularly with marginalised and Black, Asian, and Multi-Ethnic groups and those with protected characteristics. This activity, starting this autumn is targeted at encouraging Lambeth residents to engage in local health and wellbeing initiatives.

The Alliance with its partners undertook a significant review of the NWDA priorities to inform our 2023 plan as it relates to the development of the Lambeth Health and Care Plan. The revised strategic direction will work to progress three priority areas. Firstly prevention, working across all the Alliance partners on projects like the Vital 5 to keep residents healthier for longer & reduce the demand for health and care services. Secondly, improving access and experience of urgent and emergency care and thirdly, improving care for those with complex health care needs.

Lambeth and Southwark are working collaboratively on a winter plan for 2022/23. Workshops have been held across the system to drive thoughts and innovation to keep all our residents and patients safe this winter as we prepare for the colder months ahead.

### **Lambeth Heart**

Great news regarding the [announcement](#) that the Public Health team have secured almost £5 million in funding from the National Institute for Health and Care Research for our 'Lambeth HEART' bid to undertake local research to help us understand how we can make a difference to the causes of poor health in our communities, including tackling the impact of racism and discrimination. Public health worked in partnership with residents, Kings College London and Black Thrive to bring their expertise together to ensure our bid was successful one of only a few across the country There is a great video developed to accompany the [bid video](#). The funding for Lambeth HEART started in October 2022 for a 5 year period until September 2027. Collaboration will be an integral part of the programme and the team will be in touch when opportunities arise to work with stakeholders.

### **Our Public Health**

Around 2,500 cases of Monkeypox have been identified in London since the first cases were detected in June this year as part of the current outbreak. Cases now have slowed, but there are still a small number of cases being detected in London each week and the outbreak is continuing in other European countries. Vaccination has been offered to those at highest risk of being exposed to Monkeypox. This is mainly gay, bisexual men who have sex with men and some health workers who may come into contact with monkeypox virus through their work. Guys and St Thomas's NHS Trust has delivered over 10,000 vaccinations against monkeypox, and will continue to offer vaccination for those in identified risk groups. We are also working with local LGBT groups and the London HIV Prevention Programme to find ways to encourage those who may be at risk but reluctant to come forward for vaccination.

There are currently a number of vaccination programmes under way. The two seasonal ones are the Covid-19 booster programme and the flu vaccination programme which are broadly targeted at the same groups, although flu vaccination is also routinely offered to children under 12. Vaccination is being offered via GP practices, pharmacies and larger vaccination centres, and in schools for primary school age children. After 2 years of pandemic restrictions, there are concerns that this year we will see a higher rate of respiratory infections, and vaccination uptake will be key to reducing the impact of this both on individuals at higher risk of severe illness and disease but also on staff (and carers) in the health and social care workforce to maintain system capacity and resilience.

There is also a polio booster programme for children up to 9, following the detection of polio virus in sewerage water in north London. This has been offered through GP practices, pharmacies and “pop up” clinics in a variety of settings. Due to concerns about low vaccination rates in children for Measles, Mumps and Rubella an MMR catchup campaign has also been launched targeted at 1 to 6 year olds with missing or incomplete doses of their MMR vaccine. Again, we have seen outbreaks of measles in London and vaccination rates for many childhood immunisations fell over the last few years from an already low coverage level. Finally, for overall childhood immunisations, achieving herd immunity continues to be a challenge in Lambeth. Work is underway to improve uptake, including a health equity audit to identify decliners and non-responders; understand the barriers and blockers in Lambeth; and work to address them by implementing effective and targeted measures.

Finally, I would like to say Congratulations to our Lambeth community pharmacies and to Medicines Optimisation and LTC Team members Kapil, Mefino and Vanessa who were part of a South East London team which won a national PrescQIPP integrated working award last month. The team received their award at a ceremony in Nottingham and will be running a national webinar to share the project details with other ICB teams. The project established vaccine champions in community pharmacies across South East London to address vaccine hesitancy during the Covid-19 vaccination programme. Nearly 9,000 opportunistic conversations were held with the public when attending the pharmacy for medicines or advice and achieved a 20% conversion rate from hesitation to vaccination. Pharmacy staff also took part in outreach opportunities with faith groups and African TV, also explaining the services available to the public from pharmacy.

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## Report to: Lambeth Together Care Partnership

November 2022

<b>Report Title</b>	<b>Lambeth HEART bid</b>
<b>Lead</b>	Hiten Dodhia, Public Health Consultant
<b>Author</b>	Hiten Dodhia, Public Health Consultant, and Jen Curley, Public Health Project Officer
<b>Summary</b>	<p>People's health is fundamentally influenced by the wider determinants of health – their living and working conditions. Local government profoundly impacts on these drivers but there is a lack of evidence around these drivers and what can influence them. To enable local government to become more research active and to build an evidence base, the National Institute of Health and Care Research (NIHR) has developed a new research infrastructure funding stream called the Health Determinants Research Collaboration (HDRC).</p> <p>Lambeth Council was successful in securing a research infrastructure grant over a 5-year period from October 2022. The purpose of this funding is to develop research infrastructure and capacity across the Council with a focus on the wider determinants of health and the reduction of health inequalities. Lambeth HDRC is officially titled 'NIHR HDRC Lambeth' and will be locally called 'Lambeth HEART'.</p> <p>The total award over five years is £4,997,181.60; a full breakdown of costs to was submitted to the NIHR. Funding will be used for staff recruitment, training and development, materials, and engagement, communication and dissemination activities. Lambeth's 'in kind' contribution includes public health support to Lambeth HEART and some corporate function support, such as communications, legal support, events and management.</p>
<b>Recommendation(s)</b>	<p>The Lambeth Together Care Partnership is asked to:</p> <ol style="list-style-type: none"> <li>1. note the successful award of the research infrastructure grant.</li> <li>2. note the vision and aim of the Lambeth HEART development.</li> </ol>

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**Report title:** Lambeth HEART bid

**Contact for enquiries:** Hiten Dodhia, Consultant in Public Health, [hdodhia@lambeth.gov.uk](mailto:hdodhia@lambeth.gov.uk) or Jen Curley, Project Officer, [jcurley@lambeth.gov.uk](mailto:jcurley@lambeth.gov.uk)

## REPORT SUMMARY

People's health is fundamentally influenced by the wider determinants of health – their living and working conditions. Local government profoundly impacts on these drivers but there is a lack of evidence around these drivers and what can influence them. To enable local government to become more research active and to build an evidence base, the National Institute of Health and Care Research (NIHR) has developed a new research infrastructure funding stream called the Health Determinants Research Collaboration (HDRC).

Lambeth Council was successful in securing a research infrastructure grant over a 5-year period from October 2022. The purpose of this funding is to develop research infrastructure and capacity across the Council with a focus on the wider determinants of health and the reduction of health inequalities. Lambeth HDRC is officially titled 'NIHR HDRC Lambeth' and will be locally called 'Lambeth HEART'.

## FINANCE SUMMARY

The total award over five years is £4,997,181.60; a full breakdown of costs to was submitted to the NIHR. Funding will be used for staff recruitment, training and development, materials, and engagement, communication and dissemination activities. Lambeth's 'in kind' contribution includes public health support to Lambeth HEART and some corporate function support, such as communications, legal support, events and management.

## RECOMMENDATIONS

1. To note the successful award of the research infrastructure grant
2. To note the vision and aim of the Lambeth HEART development

### 1. CONTEXT

- 1.1 The impact of poor health and disease does not fall equally across the population and those from the most socio-economic disadvantaged communities experience the poorest health outcomes. This has also been true of the experience of Covid-19. Reducing inequality is central to the Borough Plan 2019-2021 and to the development of the Council's new Joint Health and Wellbeing Strategy (2023) which will set out the level of ambition to reduce health inequalities in the borough. A report to the Overview and Scrutiny Committee in March 2022 outlined the approach to measuring and tackling health inequalities in Lambeth.
- 1.2 The Council therefore made a bid for the new funding stream from the National Institute of Health and Care Research (NIHR) called the Health Determinants Research Collaboration (HDRC). The purpose of the funding is to enable local authorities to become more research-active, using evidence to inform their decision making by undertaking research and evaluation relating to their activities,

including synthesising and mobilising existing evidence. Central to this will be a strong focus on health inequalities and actions to tackle the issues faced by disadvantaged groups and areas.

- 1.3 All UK local authorities were invited to apply for funding and after several rounds of bidding Lambeth Council was successful in being awarded £4,997,181.60 over a 5-year period (October 2022 to September 2027) from NIHR. Lambeth is one of 13 councils to receive this new stream of funding in the first round. The NIHR Health Determinants Research Collaboration (HDRC) Lambeth is part of the NIHR and hosted by Lambeth Council.
- 1.4 The funding will be used to develop research infrastructure and capacity within councils and develop collaborations for the purposes of research. NIHR HDRCs are expected to create a culture within the host local authority and its collaborators of making enhanced use of research evidence to inform decision making aimed at improving health and tackling health inequalities across all functions and departments. They are expected to develop resource and capacity by training local authority staff in accessing and making best use of evidence-based resources; signposting staff to training resources and career development opportunities; developing strong collaborations with universities and other research organisations that tailor capacity-building activities intended for local government audiences; and facilitating public engagement in the research agenda. HDRCs will also develop new policies and procedures to support staff performing research, such as intellectual property and safeguarding policies. Over time, NIHR HDRCs are expected to become nationally recognised centres of 'research excellence, based in and led by local government and there is high national interest in this new initiative, including at central government level.

## **2. PROPOSAL AND REASONS**

- 2.1 The vision of Lambeth's submission, 'Lambeth HEART', is to understand and act on the drivers of health inequalities in Lambeth with the aim to develop an open and participative research collaboration which generates new knowledge, identifies, and applies existing evidence to tackle wider determinants to reduce inequalities in health and wellbeing outcomes. This will be underpinned by research, data, evidence which involves local people and informs decisions made by the Council its partners and is delivered within an integrated health and care system. The purpose is to increase research capacity across all council directorates, from housing to social care, supporting them to improve the quantity and quality of evidence used in all council interventions and services. Research and evidence helps us to better understand the needs of the local population and performance of services in meeting these.
- 2.2 The vision, aim and objectives for Lambeth HEART, outlined above, support our Borough Plan 2019-2021. Lambeth HEART aims to support the reduction of health inequalities which is directly aligned with pillars 3 and 5 of the Borough Plan.
- 2.3 As part of this programme there will be a risk assessment process and a risk register will be maintained. Broadly, there are funding and reputational risks associated with not achieving the milestones and deliverables that have been agreed with NIHR, as part of our contract with the Department for Health and Social Care.

## **3. FINANCE**

- 3.1 In line with the funding restrictions, the majority of Lambeth HEART funding has been allocated to funding new positions. Other funds have been allocated to training and development for Lambeth staff, materials and consumables for core HDRC facilities and engagement, communication and

dissemination activities. Lambeth's 'in kind' contribution includes that made through public health support to Lambeth HEART, as well as corporate functions such as communications, legal support, events and management.

#### **4. CONSULTATION AND CO-PRODUCTION**

4.1 The Lambeth HEART proposal has been developed through consultation and co-production with a range of stakeholders. Stakeholders include staff, local VCS organisations, public engagement professionals, EDI professionals, local researchers and statutory partners. Specific consultation and co-production activities included:

- A staff survey aimed at understanding current levels of research experience and activity within the council.
- Small group discussions with staff from across the council to understand where Lambeth HEART might bring benefit and what barriers are likely to occur.
- A questionnaire that was completed by local VCS organisations to learn from their experiences of public engagement and support the development of Lambeth HEART's public engagement strategy

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## Report to: Lambeth Together Care Partnership

November 2022

<b>Report Title</b>	<b>Living Well Network Alliance (LWNA) Update</b>
<b>Lead</b>	Sabrina Phillips
<b>Authors</b>	Guy Swindle, Sabrina Phillips, Mahir Demir, Afikha Islam, Ayo Osisami, Shola Apena Rogers, Livia Whyte
<b>Summary</b>	A presentation of the Living Well Network Alliance's latest Business Plan along with an update on the Patient and Carer Race Equality Framework (PCREF), Lambeth Talking Therapies, Culturally Appropriate Peer Support and Advocacy (CAPSA) and Emotional Emancipation Circles (EECs).
<b>Recommendation(s)</b>	The Lambeth Together Care Partnership is asked to: Note the LWNA's plans and progress

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Lambeth Living Well  
Network Alliance

# Business Plan

2022/23 – 2024/25  
October 2022 - v1.1



# Background and Context

- External:
  - Long Term Plan
  - Fuller Report
  - MH Bill
  - Health and Wellbeing Strategy and Health and Care Plan
  - Cost of living crisis
- Internal
  - Three years left on contract – decision on contract extension by June 2024
  - Coming out of pandemic
  - New services – CAPSA, Staying Well, IPS
  - New ‘transformation’ funding and accompanying roles – impact!
  - ALT stated desire to be “bold and ambitious”
  - Financial pressures likely to be exacerbated by cost of living crisis
  - Joint ALT/AMT/Finance away time

# Long Term Plan(s)

- Increase Access
- Expand crisis response
- Recovery focussed in-patient services
- Moving away from CPA

# Fuller Report

- Outlines a new vision for primary care that re-orientates the health and care system to a local population health approach through building neighbourhood teams, streamlining access and helping people to stay healthy
  - Streamlined access
  - Personalised response
  - Prevention
  - Based in neighbourhoods

# Mental Health Bill (draft) – headlines

*“a range of changes to shift the balance of power from the system to the patient, putting service users at the centre of decisions about their own care”.*

- Tighter detention criteria: end inappropriate admission of people with LD and autism to mh hospitals; LD/Autism excluded from definition of mental disorder for detention (apart from those in criminal justice system); Increased threshold for detention – therapeutic benefit, and at risk of causing serious harm to self/others
- Ability to formally challenge detention through more frequent access to Mental Health Tribunals
- Introduction of advanced choice documents set out person’s wishes and preferences for care which must be used by clinicians to guide treatment
- Allow a person to choose their own nominated person to support them with decisions while detained
- Introduction of statutory care and treatment plans and the need to record the reasons for compulsory treatment and restrictive practices to improve transparency
- Increased access to Independent Mental Health Advocates including for involuntary patients
- Prison no longer considered a place of safety and introducing a new statutory limit of 28 days for prison transfers
- Claims to tackle deep seated health disparities with black people 4 times more likely to be detained and >10 times more likely to be subject to a CTO; Culturally appropriate advocacy services being piloted in 4 areas
- Timeline – call for evidence was due Sept as part of pre-legislative scrutiny – remains to be seen if this timetable will be met

# Health and Wellbeing Strategy

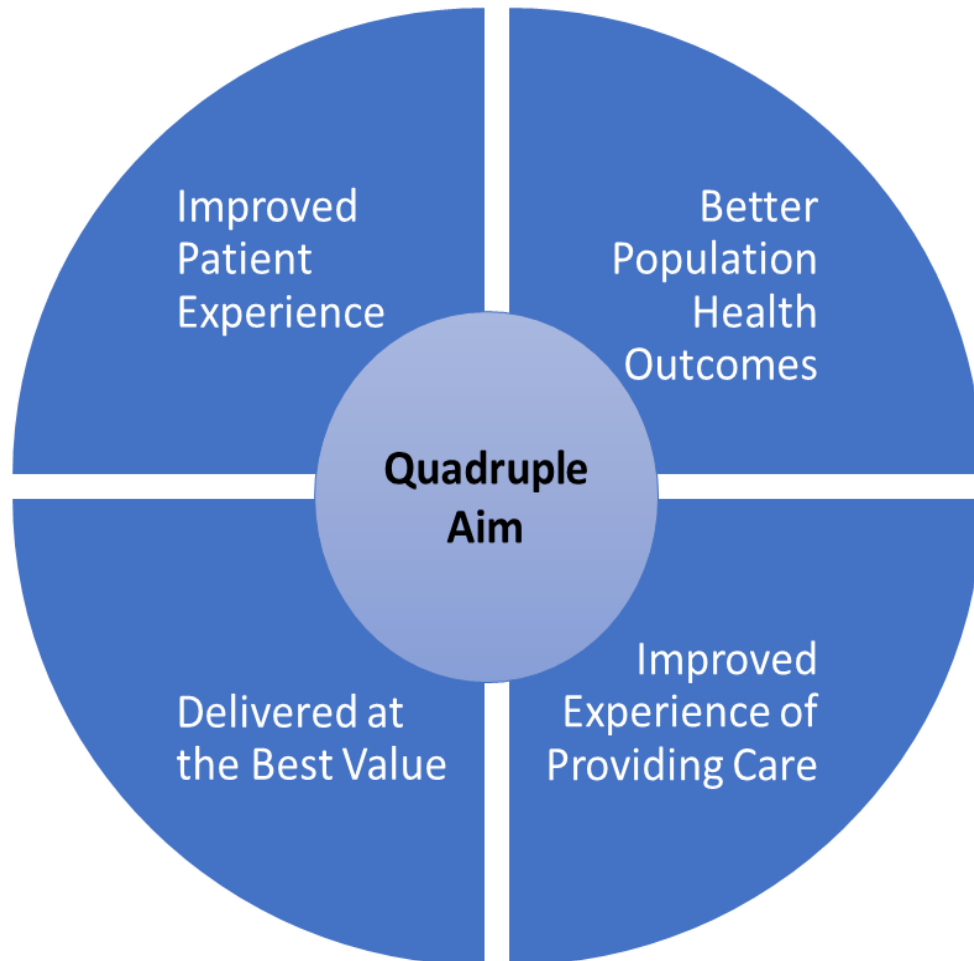
## Three Priority Areas...

- Ensuring the best start in life
- Supporting people to lead healthy lives and have good physical and mental wellbeing
- Supporting communities to flourish and build their resilience

# Health and Care Plan

## Borough Aspirations

- People lead healthy lives and have good physical and emotional health and wellbeing for as long as possible
- Physical and mental health conditions are detected early and people are well supported and empowered to manage these conditions and avoid complications
- People have access to and positive experiences of health and care services that they trust and meet their needs



## LWNA Outcomes

- People have healthy emotional wellbeing
- When emotional and mental health issues are identified; the right help and support is offered early and in a timely way
- Those using mental health support services can recover and stay well, with the right support, and can participate on an equal footing in daily life



# Detailed workplan

- Co-produced
- Agile
- Outcome focused
- Alliance plan – owned by AMT, managed by Alliance Support Team, further governance through ALT (oversight), F&P (savings), Market Management (commissioning), Workforce (workforce plan), Comms and Engagement (Comms and Co-production Plan)
- Early actions on following slide...



Programmes	Projects	Actions	Lead	Deadline	Output	Comments
1.Using Evidence/Data	1.1 Measuring Impact	1.1.1 Identify service information we have available, agree access to this, identify gaps and remedial plan	Jason Swanson	End Nov 22	Improved service data and information	A review and rationalisation of data sources for Alliance services to improve the quality and availability of this data to inform decision making
	1.2 Using Pop. health and other data	1.2.1 Work with Rob Harland and colleagues to produce a proposal to deliver a pilot project to test Cogstack.	Kris	End Nov 22	Cogstack-based Proposal	Using Cogstack (clinical infomatics) to improve clinical decision making
	1.3 Business Cases/Evaluations	1.3.1 Produce a business case for short term accomodation	David Orekoya	27/10/2022	Business Case	A business case for 5 housing short term units to be used to improve flow from beds
		1.3.2 Produce a business case for income generation post	Richard Outram	End Oct 22?	Business Case	To make a case for an invest to save post to identify and secure external funding for LWNA
	1.4 Benchmarking/best in class	1.4.1 Identify available external comparative data and agree services to benchmark.	Kris	End Nov 22	List of available benchmarking data	To identify datasets (public and otherwise) to identify areas for closer review
2.Financial Sustainability	2.1 Promoting Independence Oversight Group	2.1.1 Agree plan for engagement with Lambeth Housing – identify single point of contact	PIOG Chair	31/10/2022	Housing Engagement Plan	The aim is to re-engage with LBL housing so as to develop options for improving the supply of housing for those we support.
		2.1.2 Continue to develop and deliver PIOG action plan	PIOG Chair	Ongoing	See PIOG Plan	To delvier savings and ensure key cohorts are getting the most suitable support.
	2.2 Other savings/efficiencies	2.2 Review contracts and services to identify savings and efficiencies	F&P Chair	01/12/2022	Savings Plan	To work across Alliance organisations through the F&P Group to identify savings and efficiencies for 23/24 and beyond
3.Right Services, Best Value	3.1 Stop, start, redesign	3.1.1 LWC Review: Of the model, the offer, user experience, capacity to expand hours, implementation of “key-person” approach.	Kris	31/10/2022	Report and AMT discussion	A fast review of LWCs, looking at the original model, staff and user feedback and activity data to inform next steps.
		3.1.2 Employment Support Review/Recommission	Kris/Jon	End Oct 22	Report and AMT discussion	A review of all employment support contracts and a decision on next steps for contracts that cannot be extended past March 2023.
	3.2 Contract monitoring/mystery shopping	3.2.1 Healthwatch Enter and View programme	Sara?	From Nov 22	Programme	A programme of external visits to Alliance services to test quality and user experience
		3.2.2 Develop a programme of 'mystery shopping' and similar service enquiries	Sara?	Dec 22	Programme	A programme to identify the quality of services and user experience
4.Competent, Compassionate and Content Workforce	4.1 Workforce plan	4.1.1 See separate plan	Sara	See Plan	See Plan	
5.Excellent Communications & Co-production	5.1 Comms and co-production plan	5.1.1 See separate Comms and Co-production Plan	Kris	See Plan	See Plan	

**P C R E E F**

 **South London**   
**and Maudsley**

A partnership to achieve  
anti-racism and equity

# What is Patient and Carer Race Equality Framework (PCREF)?



England

Patient and Carer Race Equality Framework (PCREF) was a recommendation following the national **Mental Health Act Review** in 2018.

For NHS England, PCREF is the accountability framework to eliminate the unacceptable **racial disparity** in the **Access, Experience and Outcomes** (AEO) of Black, Asian and Minority Ethnic (**BAME**) **communities** and to significantly improve their **trust and confidence** in mental health services.

## Why do we need PCREF?



Trust data and experience shows that Black British, **Black African, Black Caribbean, and Black Other, including Mixed ethnic groups**, are most disadvantaged in terms of **Access, Experience and Outcomes**. South London and Maudsley has been developing PCREF to reduce this inequity.

South London and Maudsley is one of the four pilot sites across the country to develop and implement PCREF. Once developed, PCREF will be rolled out by NHSE across all mental health trusts and will form part of the **Care Quality Commission (CQC)** assessments.

## Who is involved?



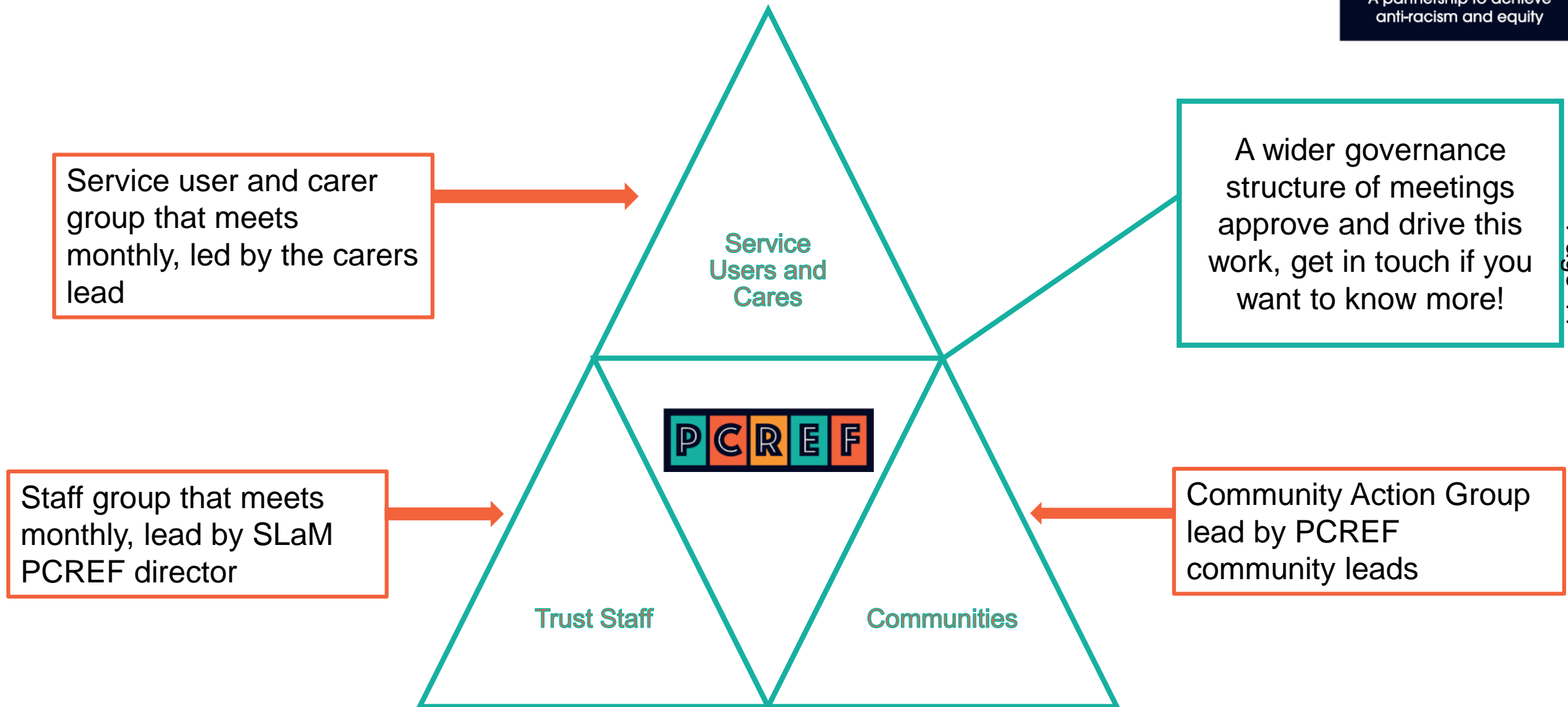
## We are a partnership:



## We work with:

- Black service users (of Trust services)
- Carers (of Black service users)
- Black communities
- Trust staff

# How is it organised?



Service user and carer group that meets monthly, led by the carers lead

Staff group that meets monthly, lead by SLaM PCREF director

A wider governance structure of meetings approve and drive this work, get in touch if you want to know more!

Community Action Group lead by PCREF community leads

- PCREF is recognised in the current strategy, **Aiming High: Changing Lives 2021-2026**
- Phase 3 of PCREF has been approved by the Trust Board, including funding to deliver this phase over the next two years
- Borough based Triple Leads (representatives from the community, Trust, service user and carers **working together to drive and implement 'Change Ideas'**)
- These ideas meet the PCREF Metrics, **Organisational Competencies** as set by NHS England) and aim to improve the Access, Experience and Outcomes

# Lambeth at a glance

## Inpatient

- Lambeth is working on improving Staff Knowledge and Awareness and Cultural Awareness in order to reduce the disproportionate use of seclusions and restraints on Lambeth wards, particularly affecting Black service users.
- Data indicates that restrictive practices (restraints and seclusions) are 2 – 3 time more likely to be used against Black service users when compared to White service users.

## Community

- Black service users are significantly more likely to use more assertive and longer term community based services than White service users. Lambeth demographic data shows that White population in Lambeth is roughly 55% vs 30% Black.
- Within some community teams Black service users are more likely to be referred for longer treatment than white service users. 48% of black service users are within longer term teams vs 31% White service users. Within shorter term CMHTs, 17% of service users are black vs 37% white service users. Early Intervention CMHTs is also overrepresented amongst Black service users vs White service users; 45% vs 21% with varying degree of outcomes (psychology).



# Lambeth at a glance

## Where are we piloting our change ideas?

- PICU Ward
- Acute Ward
- Early Intervention Community Mental Health Team and a Living Well Centre

## Current status of PCREF

- Engagement work continues with wards, community teams, service users, carers and community organisations. Purpose of which is to familiarise the teams with PCREF work and to get feedback and suggestions.
- Recruitment of a project manager to coordinate community, service user, carer and staff.
- We have a procurement plan ready to proceed to reaching out to local borough based organisations, with particular expertise in providing cultural and racial awareness workshops to organisations providing healthcare.

# Lambeth at a glance

Lambeth		
National Organisational Competencies	Cultural Awareness	Staff Knowledge and Awareness
<b>Change ideas:</b>	<p>Cultural Awareness was raised as one of the key areas to improve amongst NHS staff when making decisions and administering care on behalf of service users. Cultural Awareness is currently not part of our processes within staff inductions, supervisions as well as appraisals.</p> <p>Promoting staff to bring their 'whole self' to work and to recognise that they too have cultural perspectives which can positively impact on the Access, Experience and Outcome of service users. This will enable them to develop the skills to improve engagement and relationship building with Black Service Users and Carers.</p> <p><b>Inductions:</b> Ensuring that new staff members are able to understand the cultural diversity in the patient and borough population.</p> <p><b>Supervision:</b> Individual patient care is often discussed at supervision meetings whereby staff members can raise ideas they may have on providing care. This can often be clinical conversations and do not take cultural element as one of the key factors in a patient's recovery and wellbeing.</p> <p>The areas of change is to ensure we build on and develop existing knowledge within SLaM, and ensure cultural awareness is etched into staff consciousness in everything they do, particularly around delivering patient care.</p> <p>Key to this is that this is an iterative process whereby we will be learning from our successes, as well as failures as we continue on the PCREF journey.</p>	<p>Development of staff knowledge and awareness by taking into account how culture and race can impact a service users experience. The diversity of staff within Lambeth is something that should be celebrated as the knowledge staff members have can enrich us as well as providing better patient care.</p> <p>Issues of race and culture is generally discussed within teams in the event of a negative episode and Black service users are often disproportionately impacted on the use of seclusions and restraints whilst on the ward. In some cases, misunderstanding can often lead to issues escalating to the point where seclusion and use of restraint are employed.</p> <p>We need to develop a framework whereby safe spaces exist to freely discuss, and to listen openly about the impact of racism and how it can the impact care and treatment we deliver. Particularly focusing on the use of seclusions and restraints.</p> <p>By empowering staff members use and share their cultural knowledge and practice to help service users and to challenge the cultural ignorance which leads to inequity in seclusion/restraint as evidenced in our data.</p> <p>Ideas presented here are only the beginning and should be used to develop further ideas, particularly on the use of CTOs, s2, s3 and s136. The Partnership group highlighted a number of wide ranging issues negatively impacting Black service users in Lambeth, and we have already started to look at those on top of the first, of many, steps we will be taking here in Lambeth.</p>
<b>Metrics:</b>	<b>Metric 1:</b> PCREF will support the Trust to achieve equity in service use by ethnicity.	<b>Metric 5:</b> PCREF will support the Trust to achieve equity in the use of seclusion and restraint by ethnicity.
<b>Focus:</b>	Community teams	Ward and inpatient staff

# Stay in touch!



## Social media:

**@MaudsleyNHS   @BlackThriveLbth   CroydonBMEForum**

#MaudsleyPCREF

#BlackMentalHealth

#PCREFCroydon

#PCREFLambeth

#PCREFLewisham

#PCREFSouthwark

**Email:** [PCREFapproach@slam.nhs.uk](mailto:PCREFapproach@slam.nhs.uk)

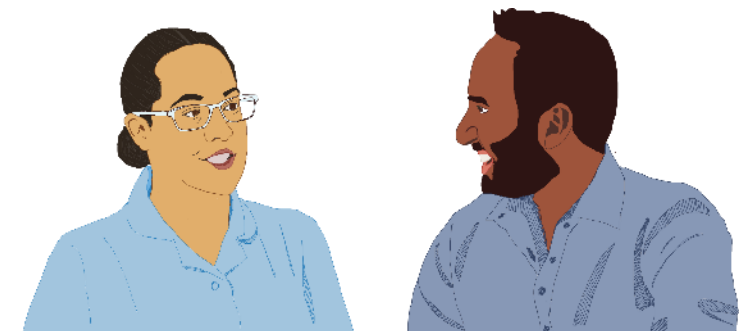
Lambeth **TALKING** Therapies



**(Lambeth IAPT)**

# Who we are:

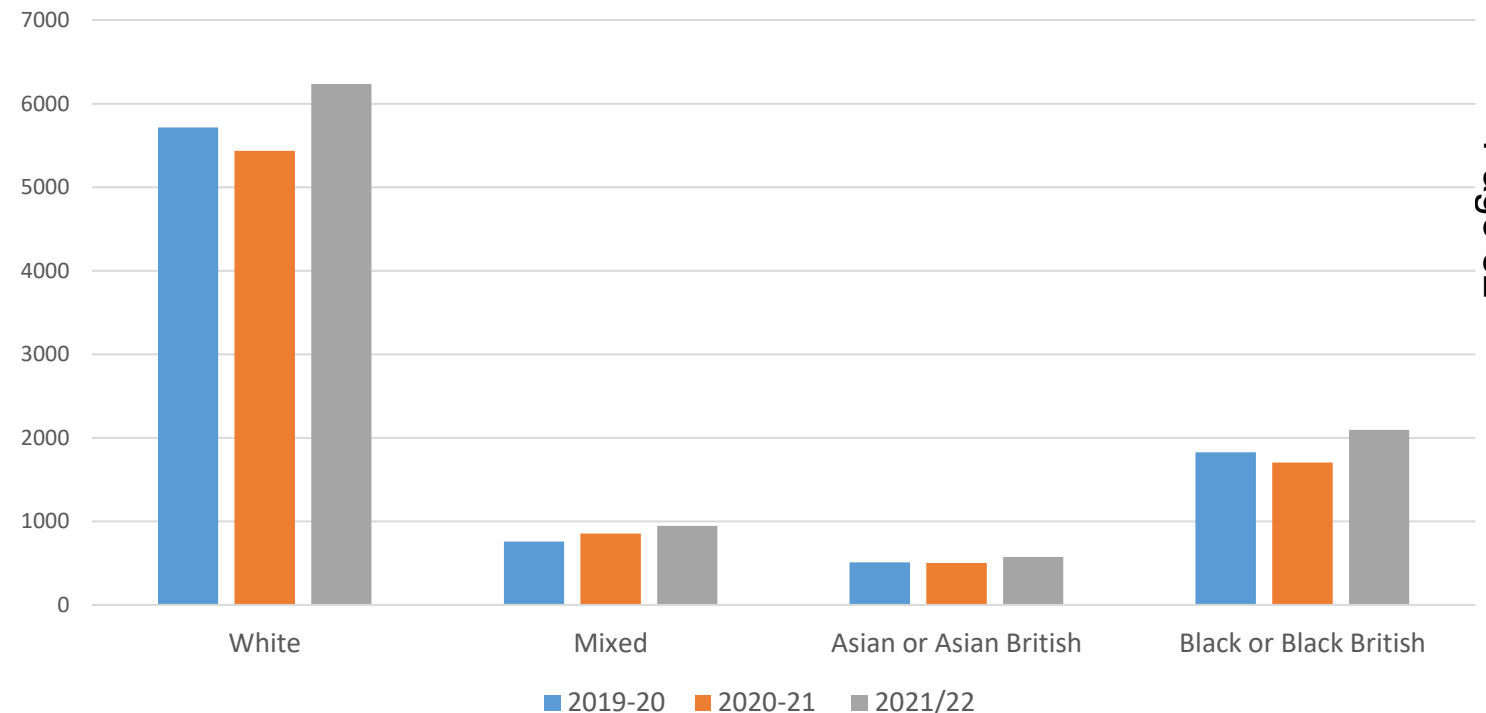
- Lambeth Talking Therapies offers free and confidential support to adults registered with a Lambeth GP
- We support people who are experience mild to moderate common mental health problems including
  - Depression
  - Anxiety disorders – Panic, social anxiety, health anxiety, OCD, Worry
  - PTSD and trauma
- We provide short term therapy in various formats:
  - Online therapy
  - Workshops and groups
  - Individual CBT therapy (face to face, virtual, telephone)
  - Counselling



# Our current access rates

- Access rates for black clients:
- Increase in proportion of referrals for Black clients (now above the population average)
- Increase in number of black clients accessing the service compared to last two years (390 more referrals this year)
- The overall rates for Black clients is above the population proportions (20.4% vs 20.1%) but above for Caribbean clients and below for Black African clients

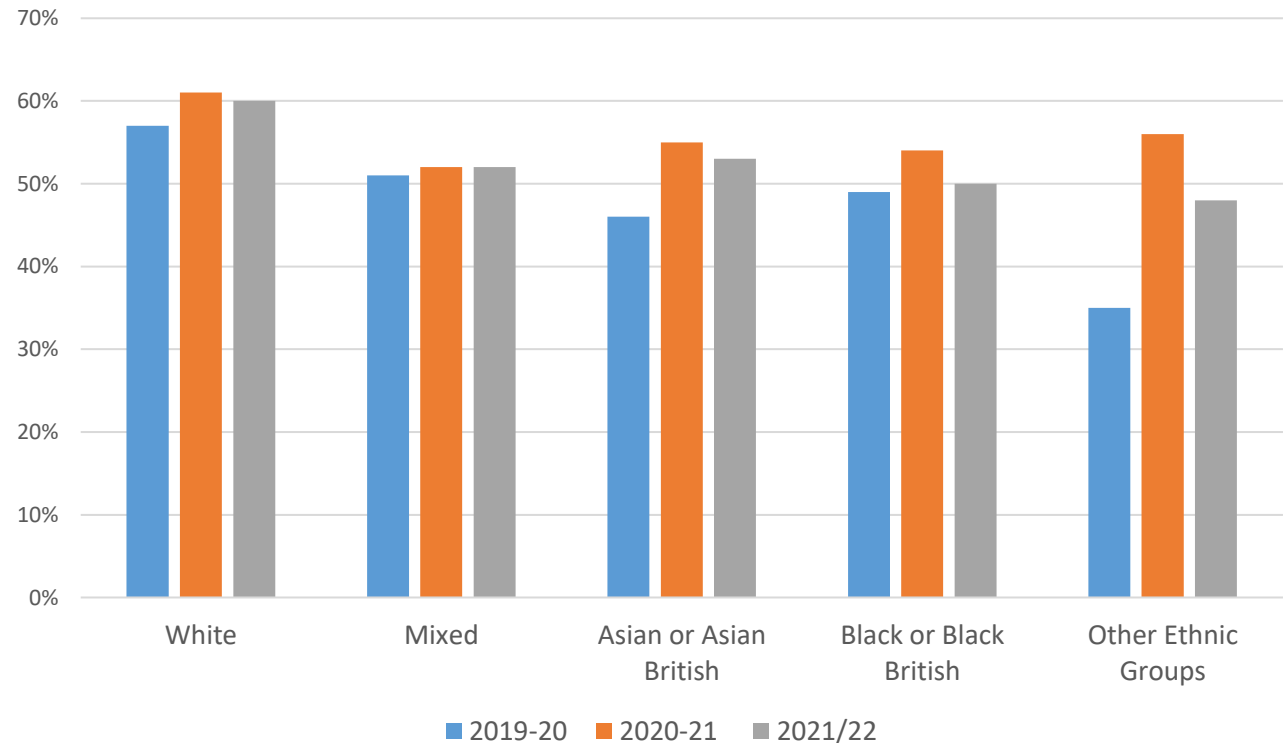
IAPT – Access rates over the last 3 years



# Our recovery rates

- Recovery rates are used to measure effectiveness of therapy (through looking at scores on standardised measures for anxiety and depression)
- National IAPT recovery rates are expected to be 50% and our current service recovery rate is at 56%
- For the year 2021-2022 50% of Black clients have reached recovery
- This compares to 60% for white clients therefore showing a gap in recovery rates

IAPT Recovery rates over the last three years



# Learning and actions we are taking...

## To improve outcomes for black clients accessing therapy:

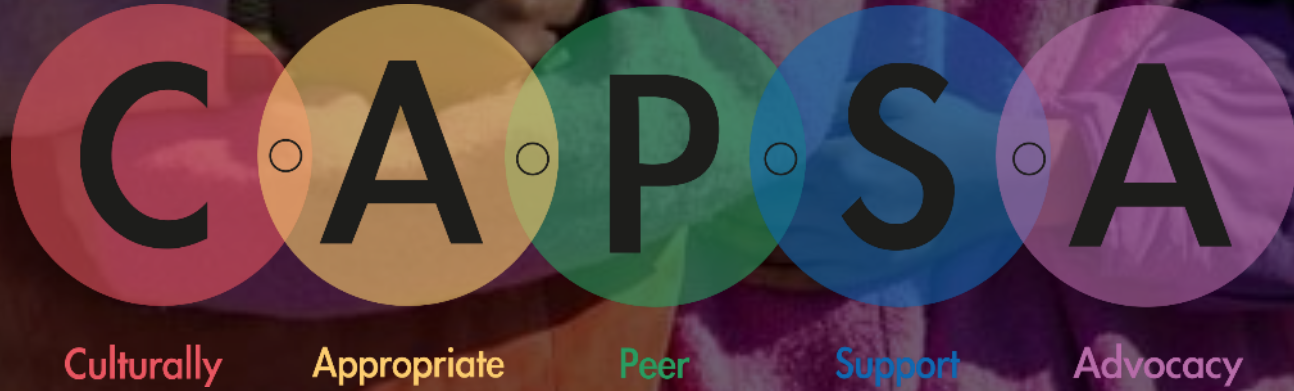
- Regular audit of service user experience
- Offering an extra session of therapy to black clients (to ensure accurate signposting and socialising to therapy early on)
- Regular reflection and use of supervision
- Regular training on anti-racist practice and adapting therapy for race and culture

## To increase access rates and referrals:

- Continued outreach work
  - Lambeth County show
  - Leafletting every household in the borough
  - Sharing leaflets with local organisations
  - Liaising with local churches, faith organisations and community groups

*Reflections from Ayo Osisami,  
Therapist working in  
Lambeth IAPT*





The acronym CAPSA is displayed in large, bold, black letters, each letter contained within a colored circle. The circles are arranged horizontally and overlap slightly. Below each letter is its corresponding meaning in a color matching the circle: Culturally (red), Appropriate (orange), Peer (green), Support (blue), and Advocacy (purple).

**C** **A** **P** **S** **A**

Culturally    Appropriate    Peer    Support    Advocacy



**“If there were more Black psychologists working in partnership there would probably be a better understanding of culture within Mental Health”**

*- Image & Quote from the Community Engagement Sessions*



## What is CAPSA?

A community based peer support  
and advocacy service  
for Black communities in Lambeth.



**Culturally appropriate care is sensitive to people's cultural identity or heritage. It means being alert and responsive to beliefs or conventions that might be determined by cultural heritage.**

**(Care Quality Commission)**



### Humanity

Embracing diversity and the importance of all our communities – ensuring an anti-racist and anti-oppressive approach.

### Empathy

Providing a safe and trusting environment, welcoming lived experience and being non-judgmental.

### Healing

Acknowledging the hurts of the past and embracing a positive future.

### Respect

Listening to individuals - taking an approach that builds on strengths, is empowering and recovery focused.

### Togetherness

Developing reciprocal relationships, that redresses the power imbalance, resisting a ‘them and us’ approach.

# Service User Working Group Co-design With, For and By

## Key aspects of co-design

- Collaborative approach to the work
- Valued lived experience
- Worked through challenges together
- Shared common goals

## What does CAPSA mean to you?

*"The beginning and evolution of a journey - vocally, emotionally, creatively and at times challenging to establish, respectful and appropriate care from the ground level up for Black service users and carers."* - **Service User Consultant**

## What has been a highlight for you developing CAPSA?

"Just the passion and the drive and how far we've come in developing this group and hopefully the work that will transpire from it. Working with you all as family." - **CAPSA Peer Advocate**



Haddy's Audio  
(ctrl+click icon to play)



## Community Living Room @336 Brixton Road

*- Delivering services in accessible community settings*

# Emotional Emancipation Circles



See separate handout and [video](#)





# Alliance Progress Reports

Read about our progress, including videos of some of the people we support:  
<https://lambethtogether.net/living-well-network-alliance/reports/>



**Living Well Network Alliance - Progress reports**

**Living Well Network Alliance Progress Report 2022**

**Living Well Network Alliance Progress Report 2021**

**Living Well Network Alliance Progress Report 2020**

The banner features a light blue background with a decorative pattern of colorful dots and squares. It contains three white rectangular boxes, each with a circular image and a title. The first box shows a woman's face, the second shows a garden scene with a 'BOROUGH' sign, and the third shows a busy outdoor market scene.



## Report to: Lambeth Together Care Partnership

November 2022

<b>Report Title</b>	<b>Cost of living crisis programme</b>
<b>Lead</b>	Ruth Hutt – Director of Public Health
<b>Author</b>	Laura Stoker, Programme Lead, Public Health Tom Barrett, Associate Director, Public Health
<b>Summary</b>	The accompanying slides set out the context and scope of the council's cost of living crisis programme including key activity in the main workstreams in the programme. Accompanying the presentation slides is a staff information pack designed to support all professionals in signposting residents or patients to appropriate support in the borough.
<b>Recommendation(s)</b>	The Lambeth Together Care Partnership is asked to: <ol style="list-style-type: none"> <li>1. note and comment on the council programme.</li> <li>2. note that the staff information pack has been distributed through the Lambeth Together Communications and Engagement Group.</li> </ol>

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# Cost-of-Living Crisis programme

## Lambeth Together Care Partnership

- The cost of living crisis is recognised as the highest priority issue for Lambeth Council and the country
- The purpose of the cost-of-living programme is to coordinate resource across the council with our partners and the wider community, including the voluntary and community sector, to more effectively address the cost-of-living crisis as it manifests in Lambeth
- As we know poverty is detrimental to the physical and mental health of residents, the programme aims to reduce health inequalities by supporting those who need it most
- EDI is central to our approach and our commitment to support those disproportionately impacted by increases to the cost of living

# The Challenge : Lambeth residents and businesses are facing an unprecedented crisis

- The cost-of-living crisis will have a significant impact on residents and businesses in Lambeth who are now struggling with both rising prices and stagnant wages
- Inflation is at its highest in forty years, the Bank of England are raising interest rates, and the Energy Price Guarantee of £2,500 in place from 1 October means that the average annual gas and electricity bill is 96% higher than the winter 2020/21 price cap.
- This is an unprecedented economic and financial crisis that is making life harder for people in Lambeth – and follows the Covid-19 pandemic which increased inequality and financial hardship in our communities.
- In July, the Full Council [declared](#) a Cost of Living Crisis - and supporting Lambeth's families and businesses through the crisis is our top priority.

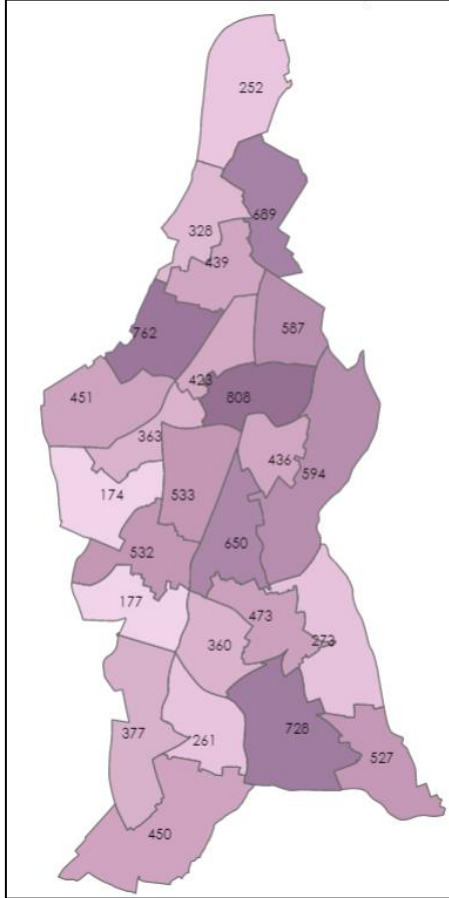
# The Challenge : Lambeth residents and businesses are facing an unprecedented crisis

- Around one in four Lambeth children are in low-income families, 9% higher than the UK average.
- Approximately one in four Lambeth pensioners are in receipt of Pension Credit, which is double the average for England.
- A third of Lambeth households are already experiencing food poverty and insecurity.
- According to modelling by Experian, it is expected that over 1,200 households in the borough will have less than £0 monthly discretionary income after implementation of the Energy Price Guarantee on 1<sup>st</sup> October, in comparison to a modelled estimate of 200 households before it.



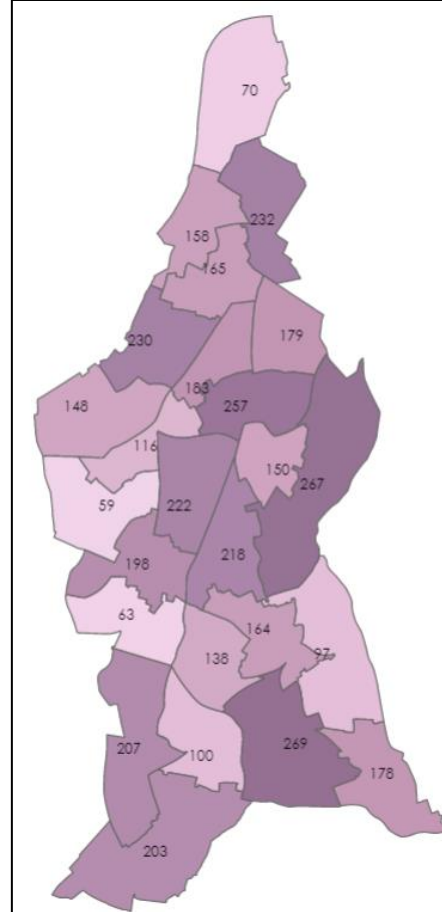
# The Challenge : Taking a data-led approach

### Fuel Poverty (12,690 households)



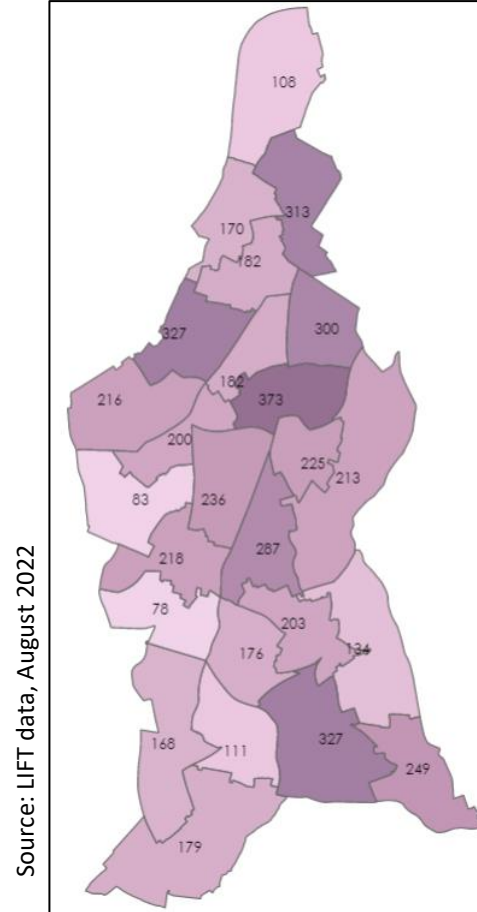
Number and distribution of low income households (defined as in receipt of Council Tax Support or Housing Benefit) in fuel poverty (defined as income below relative poverty line after fuel expenditure) (n=12,690)

### Food Poverty (4,519 households)



Number and distribution of low income households (defined as in receipt of Council Tax Support or Housing Benefit) in food poverty (defined as minimum acceptable food expenditure is higher than income after 'priority costs') (n= 4,519)

### Rent or Council Tax arrears (5,277 households)



Source: LIFT data, August 2022

Number and distribution of low income households (defined as in receipt of Council Tax Support or Housing Benefit) in rent or Council Tax arrears (n= 5,277)

# The Challenge : Ensuring Equality, Diversity and Inclusion in our support

It is recognised that residents from Black, Asian and Multi-Ethnic backgrounds are disproportionately impacted by increases to the cost of living. The council is currently working to reduce these inequalities in the following ways:

- Targeted pay outs to residents most in need – previously used Council Tax Support as an indicator of support to push out funds. 49% of residents that received these funds were from Black, Asian and Multi-Ethnic backgrounds (compared to 22% White and 26% who did not wish to disclose their ethnicity)
- Targeted communications pushes in areas of high levels of deprivation to encourage uptake of support offers in the borough
- Increased collaboration with advice agencies - research has shown that outreach advice service activity is more effective at reaching our Black residents (67%)
- Giving supermarket vouchers to residents through advice agencies - 90% of the supermarket vouchers distributed to residents have been given to Black women

Lambeth Council has been receiving £2.7m from the Department for Work and Pensions every 6 months to support those most in need to help with significantly rising living costs.

Previous interventions have included:

- Funding holiday provision for children in receipt of free school meals
- Targeted funding pushes to residents identified as being most in need
- Providing additional funding to surplus food distribution and at-scale food banks
- Funding energy support for residents

Proposals for the allocation October 22 – March 23 are in development.

## Food Support

- Provision of vouchers during the holidays for families in receipt of free school meals
- Food banks, hubs and pantries – additional funding has been provided to increase capacity in these areas
- Food vouchers – Alexander Rose, Healthy Start, supermarket vouchers

## Fuel Support

- Green Doctors – supporting residents to reduce energy bills this winter – 400 residents to be supported
- Fuelbank Foundation
- Warm spaces

## Financial Support and Grants

- Targeted payouts directly paid to residents
- Emergency Support Scheme
- Discretionary Housing Payment

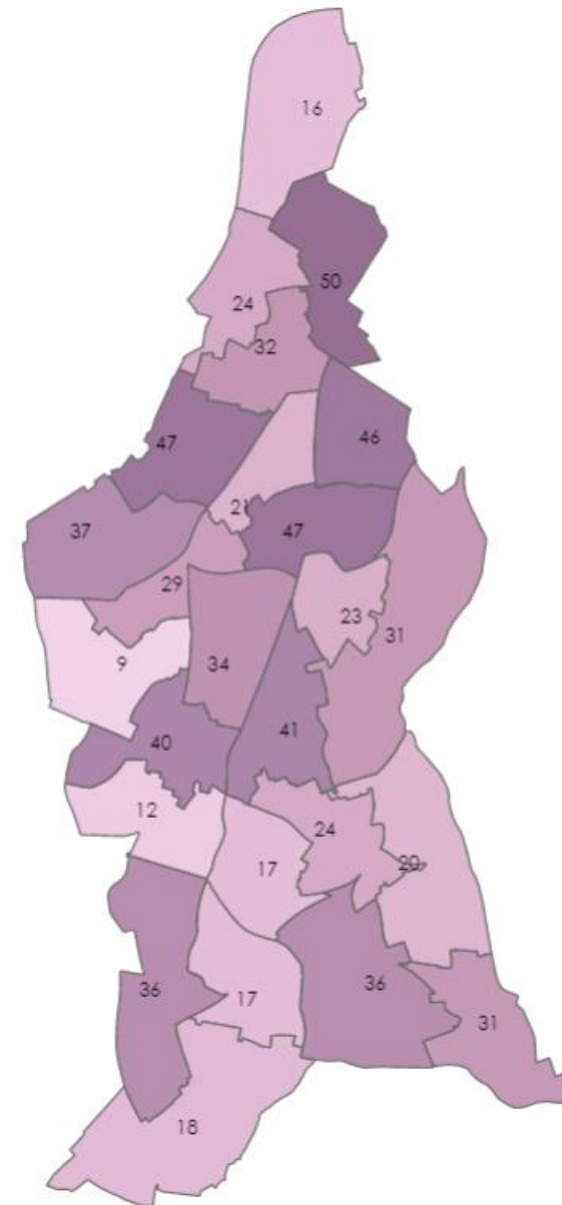
## Advice Services

- Commissioned advice services in the borough supporting residents with income maximisation, welfare advice, skills and employment
- Health and Wellbeing Hubs and bus
- MyCommunity Gateway
- Every Pound Counts

- The council is looking to operate, coordinate and support a network of warm spaces this Winter for residents unable to afford heating or reluctant to heat their homes due to increasing energy costs.
- The warm spaces will be in a range of locations in the community
- Warm spaces are already in operation in the borough
- The council will explore offering organisations funding (from future Household Support Fund rounds) to open further warm spaces in the borough to help with additional energy and staff costs.
- As well as support for fuel costs, the council will also:
  - network warm spaces into each other (mapping and connecting)
  - coordinate and connect additional health, wellbeing, advice and/or leisure offers
  - support the provision of warm meals (provider/funding dependent)

# Supporting Residents : Benefit maximisation

- New tools, particularly the Low Income Family Tracker and Experian's cost of living tool, enable us to better target activity e.g. – Pension Credit take-up
- LIFT tool has enabled identification of 746, low income pensioner households eligible for pension credit not taking up the benefit
- Developing a target campaign to encourage take-up



Number of pensioners identified as eligible for pension credit but not taken up the benefit

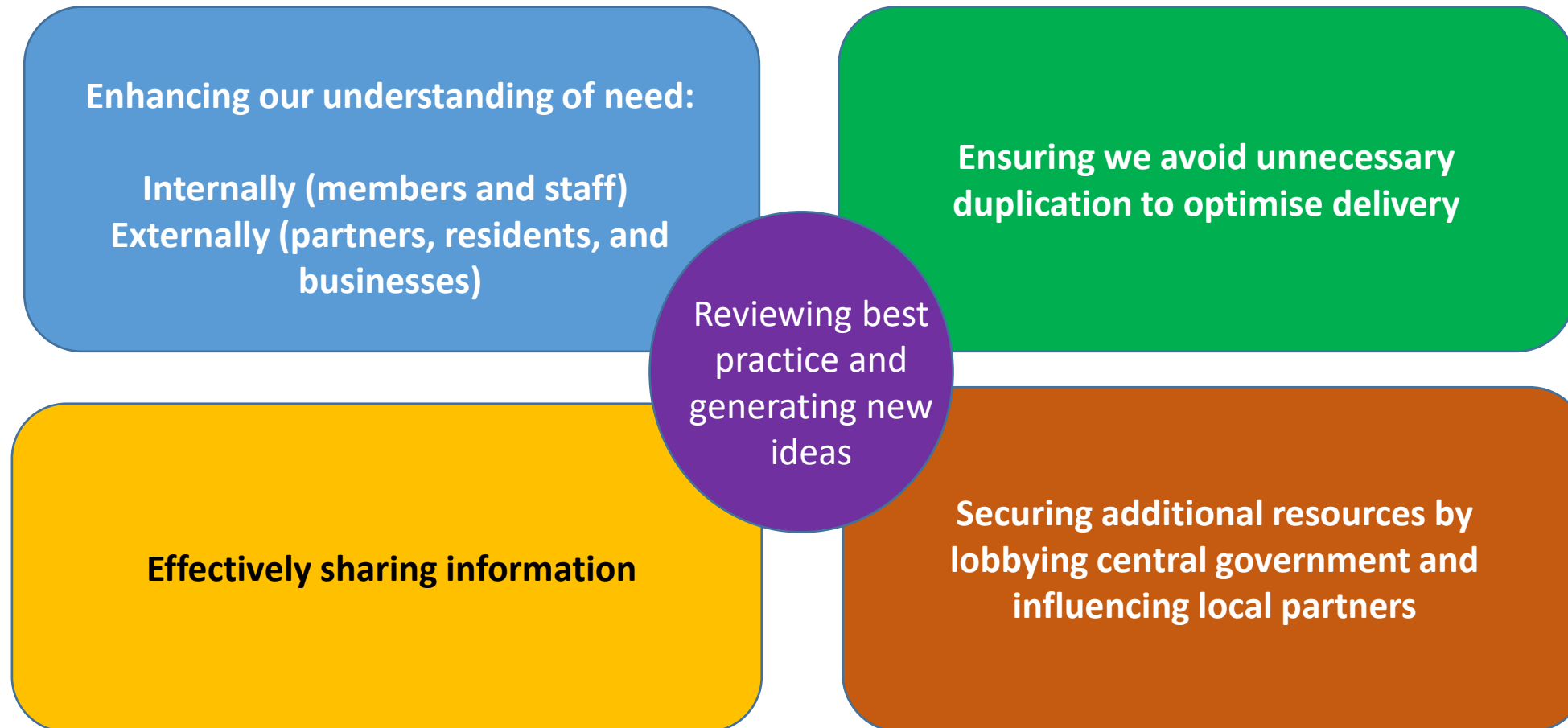
The sustainable support available can be summarised under the following headings: fits under the following headings:

- Supporting residents into employment to improve their financial circumstances
  - Youth Hubs
  - Connecting Communities
  - Centrepoint
  - Central London Forward
- Supporting residents to develop the skills they need to access work and to manage the cost of living crisis through adult learning courses
  - Multiply Programme
  - Lambeth Maths Week
- Supporting businesses to manage the impact of the crisis
  - Economic Resilience Fund
  - Wayfinder Programme
  - Future Workspace Fund

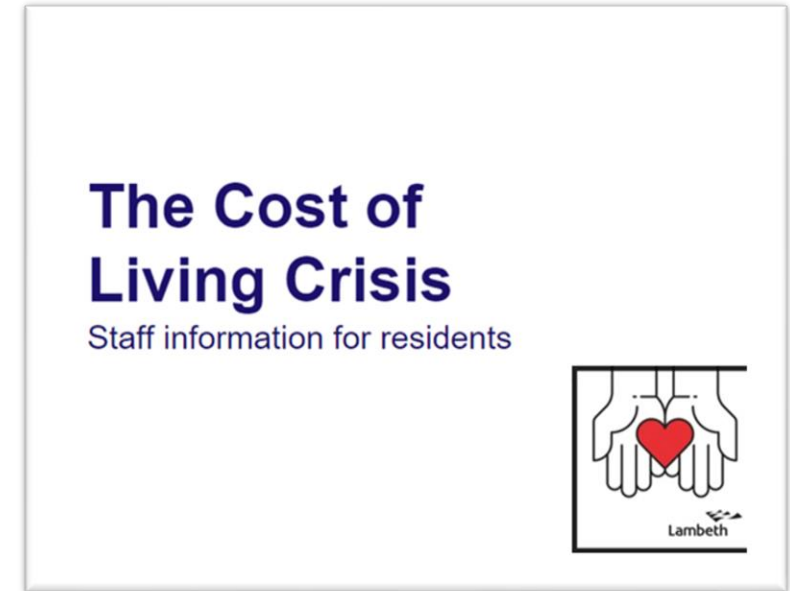


# Partnerships & Engagement

The partnership and engagement workstream ensures collectively maximising the value from all our resources through:



- Comprehensive and up-to-date information at: <https://beta.lambeth.gov.uk/cost-living-crisis-support>
- Staff information pack for all professionals working with residents in the borough to signpost residents to support relating to
  - How to find the right support
  - Food support
  - Fuel support
  - Advice services
  - Grants
  - Who to contact



- Leaflet for residents detailing support that can be accessed
- Energy efficiency advice sent to residents
- Lambeth Talk

Welcome any thoughts, comments and questions

Contact:

Tom Barrett ([tpbarrett@lambeth.gov.uk](mailto:tpbarrett@lambeth.gov.uk))

Laura Stoker ([lstoker@lambeth.gov.uk](mailto:lstoker@lambeth.gov.uk))

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## Report to: Lambeth Together Care Partnership

November 2022

<b>Report Title</b>	<b>The Lambeth All-age Learning Disabilities and Autism (LDA) Programme</b>
<b>Lead</b>	David Orekoya – Assistant Director, Integrated Commissioning Mental Health and Learning Disabilities
<b>Author</b>	Helen Bolger – Lead Commissioner Learning Disabilities
<b>Summary</b>	<p>The vision of the Lambeth All-age LDA Programme is that people with learning disabilities and/ or autism will achieve equality of life chances, live as independently as possible and have appropriate and good quality support from health and care services.</p> <p>People with learning disabilities and autistic people are at the centre of developing services and the report will hear from representatives of the Lambeth Learning Disabilities Assembly on the work they do to ensure community voices are listened to.</p> <p>This presentation brings partners together including services users to highlight some of the key contributions by partners to work towards our objective to improve health and wellbeing of our communities. This includes:</p> <ul style="list-style-type: none"> <li>• Lambeth Paediatric Autism Diagnosis Service update</li> <li>• Making reasonable adjustments when accessing health and care services</li> <li>• Supporting hospital discharge and preventing admission</li> </ul>
<b>Recommendation(s)</b>	<p>The Lambeth Together Care Partnership is asked to:</p> <p>Note the progress of the LDA Programme and support the 2022/23 objectives</p>

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# Learning Disabilities and Autism Programme

2<sup>nd</sup> November 2022



Working in partnership for a healthier borough

# Agenda and presenters

	Presenters
<b>Introduction and programme overview</b>	<b>Helen Bolger</b> Lead Commissioner Lambeth Council and South East London ICB
<b>Lambeth Paediatric Autism Diagnosis Service Update</b>	<b>Judith Connolly</b> General Manager for Children's Community Directorate Evelina London Hospital
<b>Guys and St Thomas' Learning Disabilities Team</b>	<b>Kerry Harwood</b> Lead Nurse for Adults with Learning Disabilities and Autism <b>Sarah Bruce</b> Lead Physiotherapist and Lambeth Strategic Lead Guys and St Thomas' NHS Foundation Trust
<b>Supporting Hospital Discharge and Preventing Admission</b>	<b>Daniel Turner</b> Interim General Manager for Neurodevelopmental & Specialist Psychosis Services South London and Maudsley NHS Foundation Trust
<b>The Lambeth Learning Disabilities Assembly</b>	<b>Maggie Brennan</b> Co-Chair <b>Faye Bennett</b> Service User Rep Lambeth Learning Disabilities Assembly
<b>Questions</b>	



# The Lambeth Learning Disabilities and Autism communities in numbers

**739**

**Adults with learning disabilities supported by adult social care, living both in Lambeth and out of borough**

**One in every 100 children** in the UK has autism, with four times as many boys being diagnosed than girls

**126**

**People who are at risk of admission  
As recorded on the Lambeth Dynamic Support Register (DSR)**

**2** young people and **16** adults from Lambeth in secure or long stay hospital settings

**1,459**

**People registered with their GP as having a Learning Disability**

# Lambeth All-age LDA Programme Objectives

## Developing new accommodation and care

- Promoting and maximising lifelong independence and choice through improving options for accommodation and care in borough
- Finding good quality care provision continues to be difficult particularly for those with complex needs and behaviour that challenges and those that are discharged from long-stay hospital

## Pathway to adulthood

- Developing operational transition pathways from children's to adult's services
- SEND Preparing for Adulthood Strategy is developing pathways from statutory education into work and promoting lifelong independence

## Crisis management pathway

- Focusing on the gaps in the pathway from crisis to hospital admission and maximising opportunities to prevent escalation

## All-age autism strategy

- All-age Autism Strategy Group established to lead implementation of the National strategy for autistic children, young people and adults: 2021 to 2026
- Engagement with children and young people, families, adult service users and communities planned as next step

# Lambeth All-age LDA Programme Objectives

## Reduce health inequalities

- Aligning community and physical health offer, maximising benefit with every interaction
- LeDeR Programme: Learning from deaths reviews
- Supporting people to access health and social care at the right time across our diverse communities

## Ensuring quality and safety of patients in hospital

- Ensuring regular welfare and oversight visits are completed of patients placed out of area
- Care, (Education) and Treatment Reviews ensure joint working towards safe discharge

## Education, Employment, Training

- Feedback from stakeholders makes clear that this area of work is a key priority
- Coordinated work with Economic Inclusion, SEND and Lambeth Made teams to develop offer, aimed at increasing number of individuals in paid work

# Lambeth Paediatric Autism Diagnosis Service Update

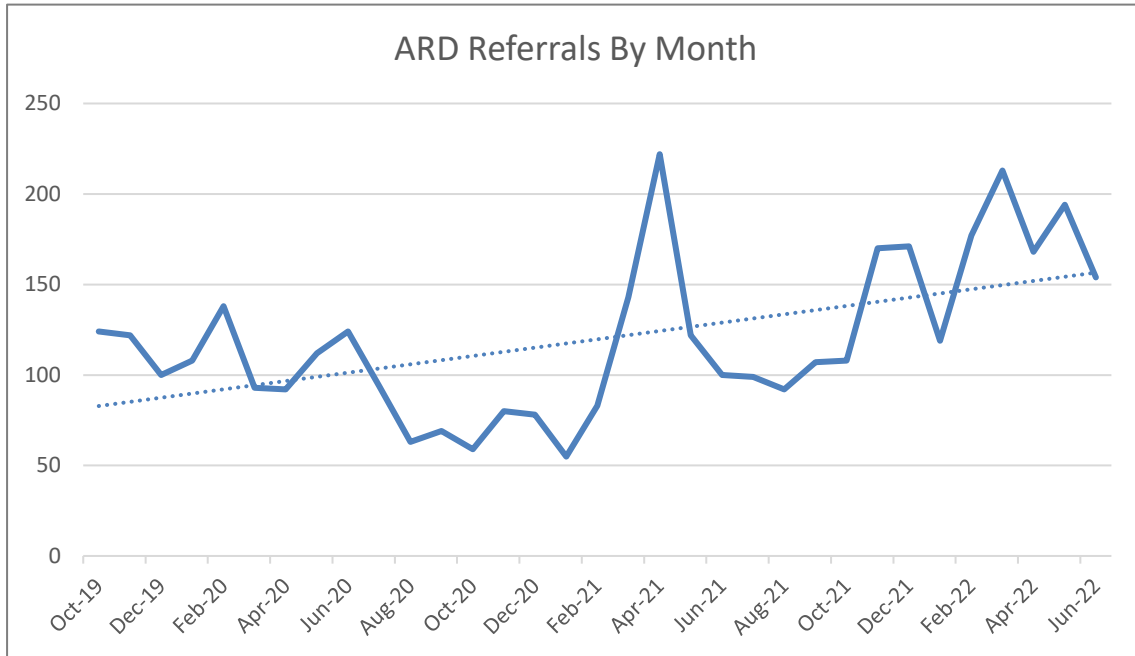
Judith Connolly  
2 November 2022



**Evelina  
London**

Page 90

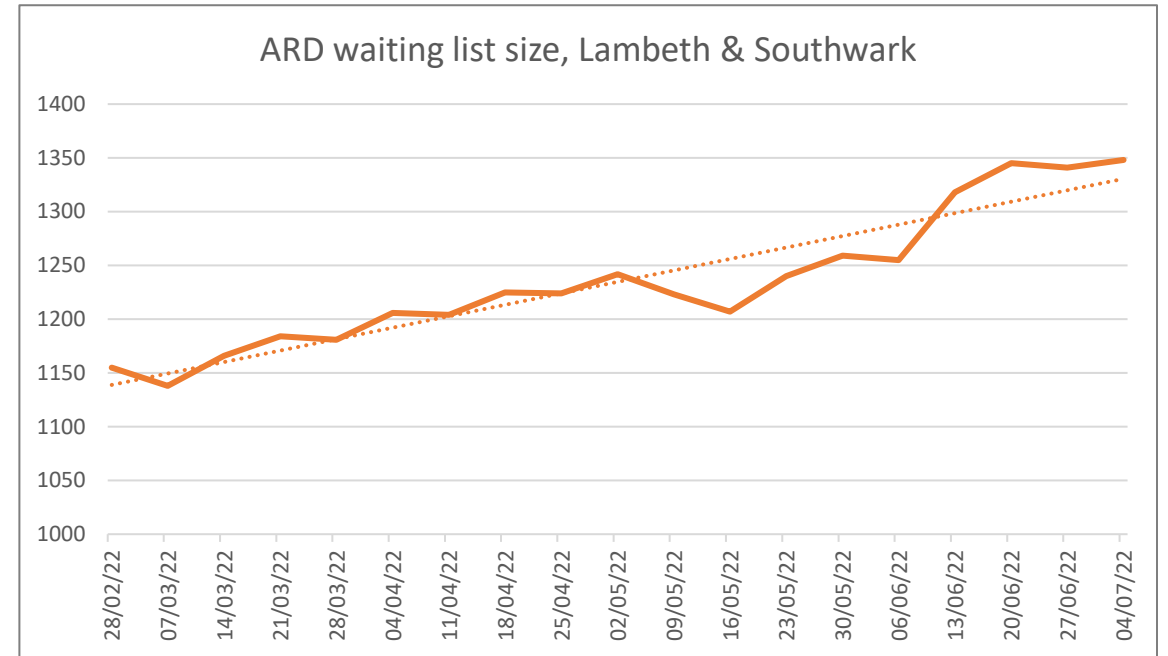
# Current Position



ARD demand has grown during the last few years

Drivers of increasing demand:

- Increased recognition of neurodevelopmental diversity by multiagency professionals
- Increased knowledge of neurodevelopmental diversity by parents
- Highly mobile population 13% in/out annually
- Covid backlogs
- Perception that a diagnosis is needed to unlock support in schools.



Increasing referrals has resulted in increased waiting times.

A child in Lambeth will currently wait c20 weeks for a first appointment with a paediatrician, and a further c60 weeks for a multidisciplinary autism assessment and diagnosis.

# Service Improvement Initiatives / Developments

## Increasing capacity within the service to reduce waiting times:

- Significant investment from South East London ICB in 2022/23 to support expansion of the workforce through recruitment to new posts
- Trained up additional staff members across the medical & speech and language therapy team to support & deliver ARD assessments
- Diversified the MDT by introducing Clinical Nurse Specialists to increase capacity. Next step is to introduce Occupational Therapists.
- Trial of models of clinical delivery for pre-school (under-5years) children in accordance with NICE guidance, to reduce wait times
- Autism diagnosis pathway is a priority for South East London Community Provider Network, to develop a core offer across the six boroughs to standardise offer.

## Supporting families while they wait and after diagnosis:

- National Autistic Society Family Support Worker providing support pre-diagnosis for complex cases
- Universal leaflet of borough specific resources to support with signposting
- Speech and language therapy pre-diagnosis workshop offered to all clients referred to ARD assessment for parents to understand what to expect at assessment, understand more about Autism and meet other parents. Feedback demonstrates:
  - 97% felt they were 'prepared' or 'fully prepared' for their child's assessment after attending the workshop
  - Qualitative Feedback- Q: What was most useful about the workshop? *'meeting other parents, knowing you are not alone'; 'explaining how the assessment works and how/when a diagnosis can be made'; 'understanding what autism is and what to look out for'; 'presenters were knowledgeable and kind'.*
- We continue to commission the National Autistic Society Family Support Worker to provide post diagnostic support to families. Around 400 Lambeth families have been supported in the last year.

## Other Initiatives:

- Joint work with CAMHS/ Youth Offending Service to support diagnosis of vulnerable CYP
- Development of trial checklist for speech and language therapists in Early Years to ensure robust and standardised clinical information gathered for under 5s assessment
- Survey of young people's views of assessment underway – intend to report results in December 2022
- Review of school observation follow up pathway for secondary age young people - phone calls used where possible to speed up and increase quality of information gathering.

# Patient Story – Child M

**Referred for Paediatric Assessment** by school SENCO concerned about social communication difficulties and anxiety aged 11yrs:

*‘Class teacher has noticed that he finds it challenging to make friends, he finds it difficult to imagine others point of view when a matter concerns him, hums while concentrating, avoids eye contact, has fixed ideas and will not be dissuaded otherwise, feels misunderstood.’*

**Paediatric Assessment** undertaken aged 12yrs. Added to waiting list for ARD assessment.

## **Pre-Assessment workshop**

- His parent attended and participated in the pre-assessment workshop with 5 other families led by Speech and Language Therapists.
- Supported with workshop notes sent out to parent after the session.

**ARD Assessment** undertaken aged 13yrs

- Diagnosis of Autism made
- Referred to ARD National Autistic Society for post diagnostic support
- Signposted to local services including Lambeth Parents National Autistic Society Group
- Referred for EP Assessment for possible dyslexia needs & speech and language support needs which were identified in the course of assessment.
- Advice / recommendations provided to school.

## **Post-diagnosis workshop**

- Parent attended and participated in post diagnosis workshop with 6 other families led by Speech and Language Therapists.
- Parent supported with workshop information sent out after the session.

## **Impact of ARD journey on Child M and Parent**

A better understanding of the breadth of his needs

Referrals for previously unidentified needs (SLT and dyslexia)

Support for parent before and after the assessment

Opportunity to meet other parents / carers

Support from SLT and EP in school

ICB	-	Integrated Care Board
ARD	-	Autism and Related Disorders
MDT	-	Multi-disciplinary Team
NICE	-	National Institute for Health and Care Excellence
CAMHS	-	Child and Adolescent Mental Health Service
CYP	-	Children and Young People, A Child or Young Person
SENCO	-	Special Educational Needs Coordinator
EP	-	Education Psychologist
SLT	-	Speech and Language Therapy



# Guys and St Thomas' Learning Disabilities Team



**Kerry Harwood**  
**Lead Nurse for Adults with**  
**Learning Disabilities and Autism**  
**(Acute)**



**Sarah Bruce**  
**Lead Physiotherapist and Lambeth**  
**Strategic Lead**  
**(Community)**

# We provide hospital and community support



There are 2 specialist nurses in the **hospital**

- Admissions
- Appointments
- A&E visits
- Reasonable adjustments

There is a **community team** that includes nurses, occupational therapists, physiotherapists, speech and language therapists and audiology

- Reduce health inequalities
- Promote independence



# We have a strategy that has 7 main rules



1. Hospital admissions

2. Teaching staff at GSTT

3. Asking people with learning disabilities what help they need





4. Support from childhood to adulthood
5. Ensuring information is understood
6. Sharing information across the system
7. Yearly survey

# Reasonable adjustment flag



We are the trial site for a new **reasonable adjustment flag**

We will be in touch to ask you what reasonable adjustments you may need:

- **extra support**
- **longer appointments**
- **earlier/later appointments**
- **transport**
- **a quiet place to wait**
- **easy read information**
- **a special person you would prefer us to talk to**

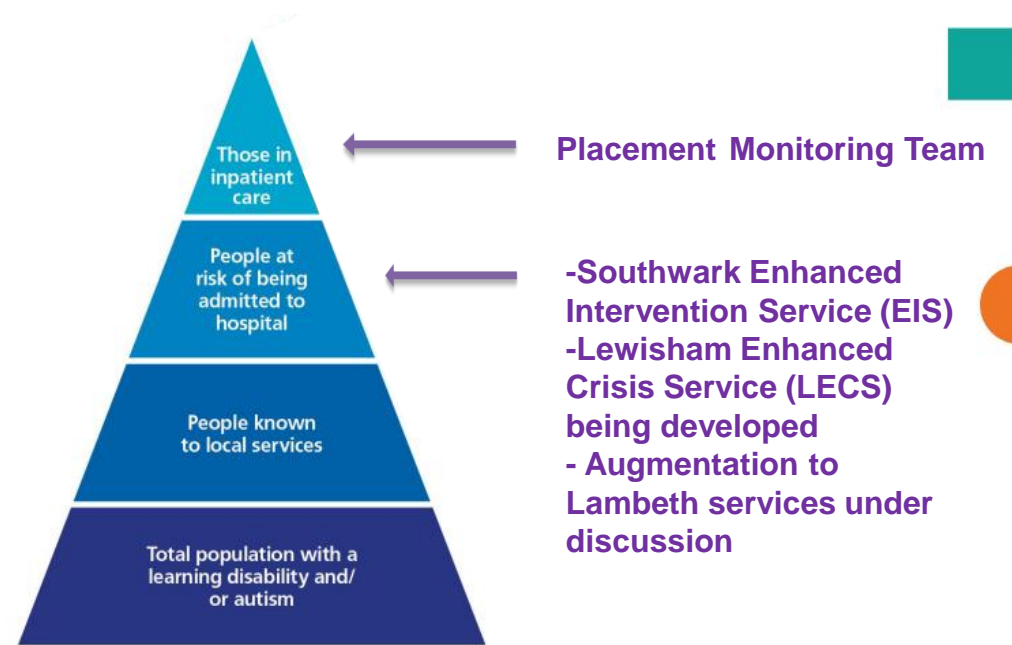
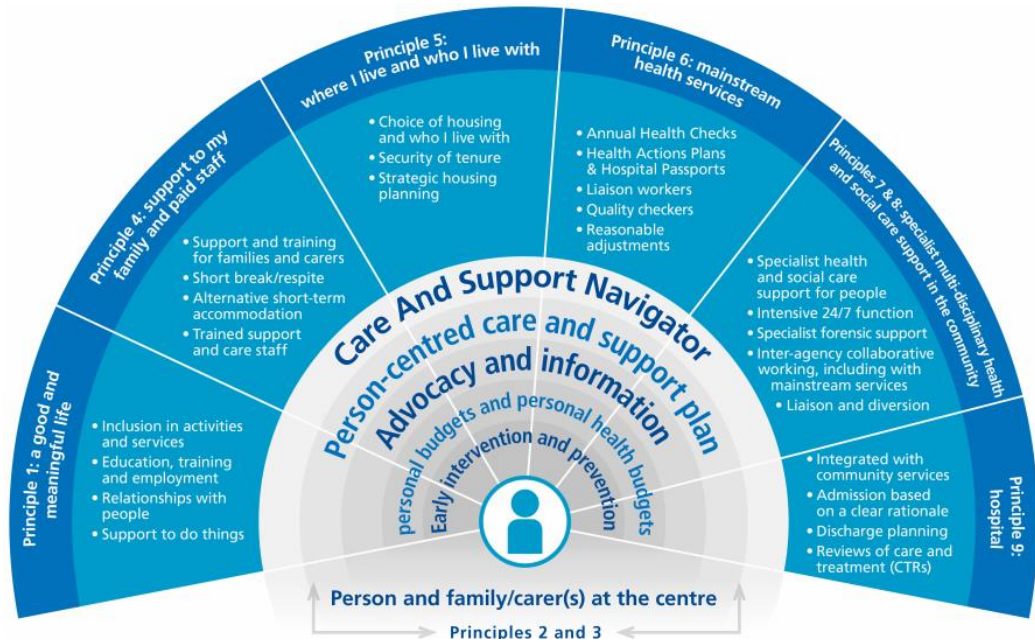
# Supporting Hospital Discharge and Preventing Admission

**Daniel Turner**

Interim General Manager for Neurodevelopmental & Specialist  
Psychosis Services

South London and Maudsley NHS Foundation Trust

# Building the right support



“The [community placement] is not without its ups and downs but it is a perfect fit for M”

So far so good...I would like our son to have more activities and to have access to education

When he was an inpatient “I felt like I had a second job outside of my own job in order to support him properly

## Feedback from families of those discharged after long-stay hospital admission

He now lives close to the family home and we visit often and he comes to see us

The transition and discharge back into the community went well and as a family we were involved

He now goes out into the community regularly and considers some of his peers his friends



# Lambeth Learning Disabilities Assembly



- Maggie Brennan – Co-Chair - LLDA



- Faye Bennett – Service User Rep - LLDA



# Lambeth Learning Disabilities Assembly



The Lambeth Learning Disability Assembly (LLDA) is a place for people with a learning disability and carers to come together to talk about things that are affecting them and what they want to see happen



# Maggie's Story – My Work

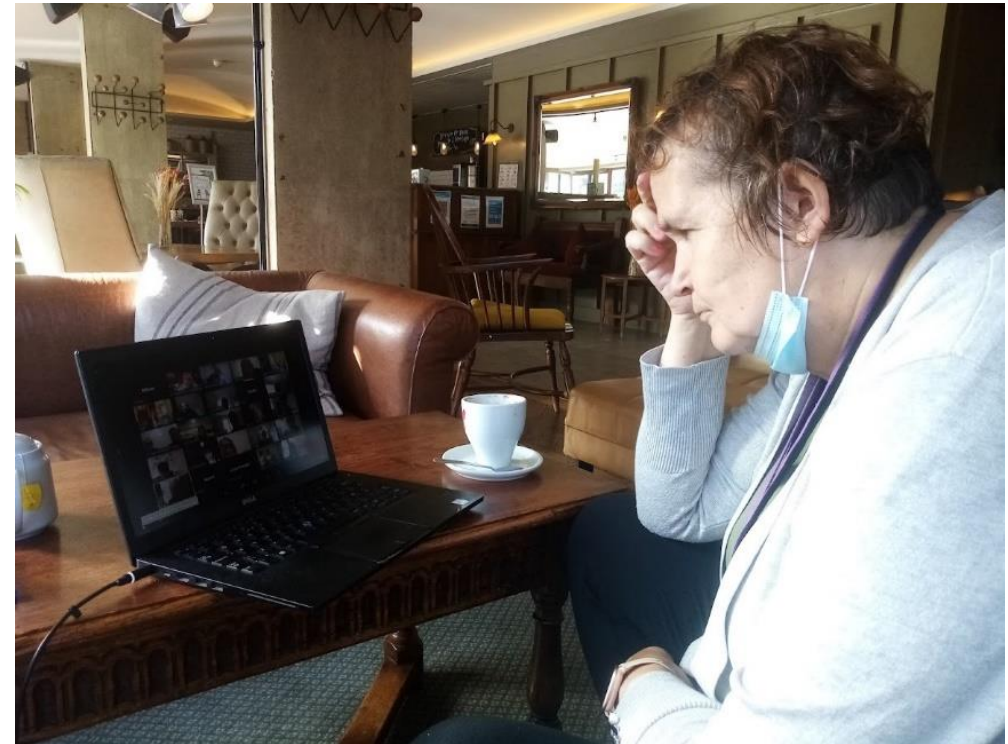
- I work in several roles in the health and social care sector



South London  
and Maudsley  
NHS Foundation Trust



King's College Hospital  
NHS Foundation Trust



# Maggie's Story – My Work

- What do I do?
- What do I want to achieve?
- Why is it important?



# Faye's Story – Visiting My GP



I would like to tell you about visiting my doctor recently

I wasn't feeling well so asked my support workers to help me visit the doctor

# Faye's Story – Visiting My GP



First, we had to call and make an appointment

# Faye's Story – Visiting My GP



On the day of my appointment, I went to the surgery with my support workers

We first went to the receptionist, who was very busy.

# Faye's Story – Visiting My GP



Once I had spoken to the receptionist, I had to wait for my appointment

When they were ready, my name came up on the screen in the waiting room



# Faye's Story – Visiting My GP



When it was my turn, I went to the appointment with my doctor

They listened to me and gave me helpful advice. It was easy for me to understand them.

# Faye's Story – Visiting My GP



I had a good experience.

I received lots of support from everybody.

# The LLDA's Plans



We want to encourage more people to come to our meetings.

We will work with commissioners and providers to help promote the Assembly

We are planning a roadshow to raise awareness

# What is Lambeth doing to respond?

- Targeting AHCs to approx. 20% who don't access one with a focus on people from black backgrounds
- Better mapping and engagement with the wide range of community individuals and groups who are the “trusted voices”
- Protected Learning Time event for GP practices on specialist care for people with learning disabilities and reasonable adjustments
- Promoting South East London Big Health Week (7 to 11 November 2022)



**Any questions?**

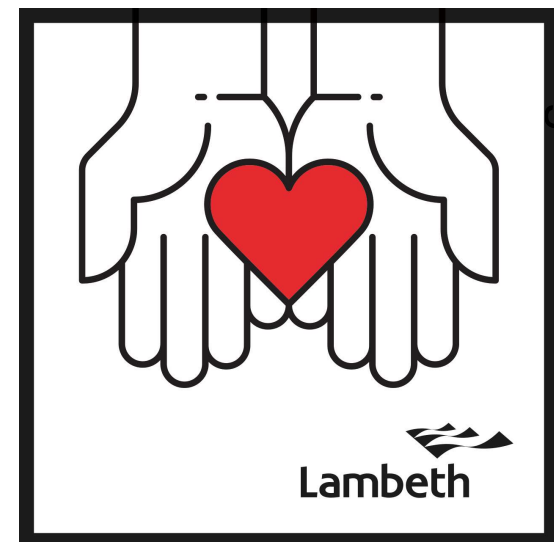


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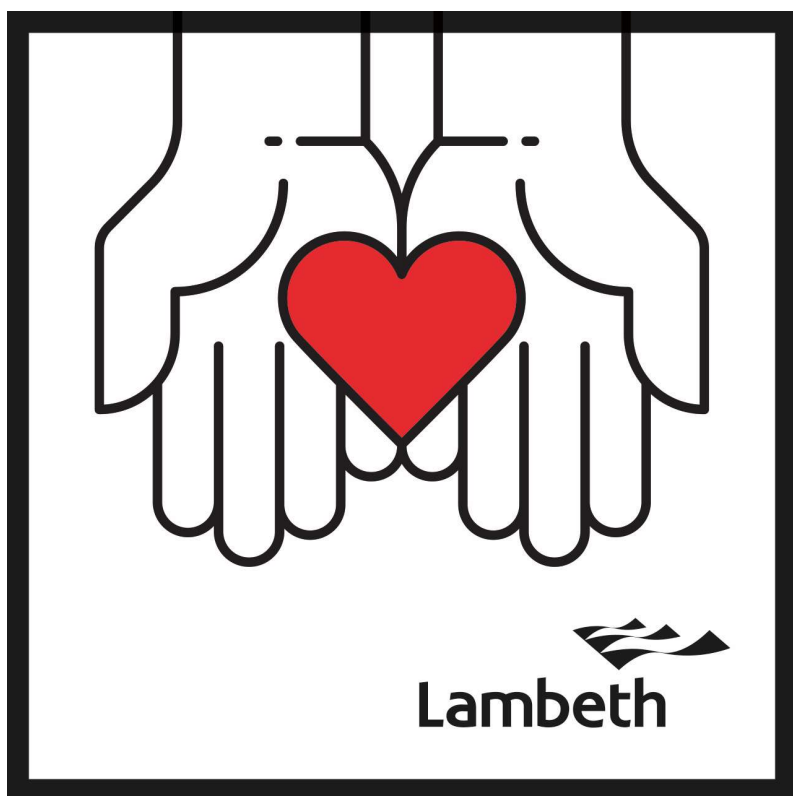
# The Cost of Living Crisis

Staff information for residents

October 2022



# Overview



This pack is designed to support staff to signpost residents to services in order to help them with increases to the cost of living.

This presentation covers the following:

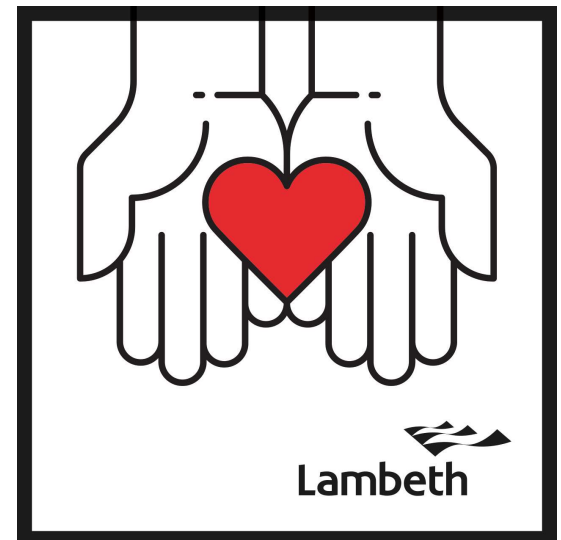
- How to find the right support
- Food support
- Fuel support
- Advice services
- Grants
- Who to contact



# Context in Lambeth

- Lambeth has a high proportion of our residents are already struggling to pay for basic needs like food and fuel
- Current modelling suggests that implementation of the Energy Price Guarantee on 1<sup>st</sup> October resulted in **1,200** households in the borough having less than **£0 monthly discretionary income**. Prior to the change the figure was **193** households

# Finding the right support



# HOW TO FIND SUPPORT

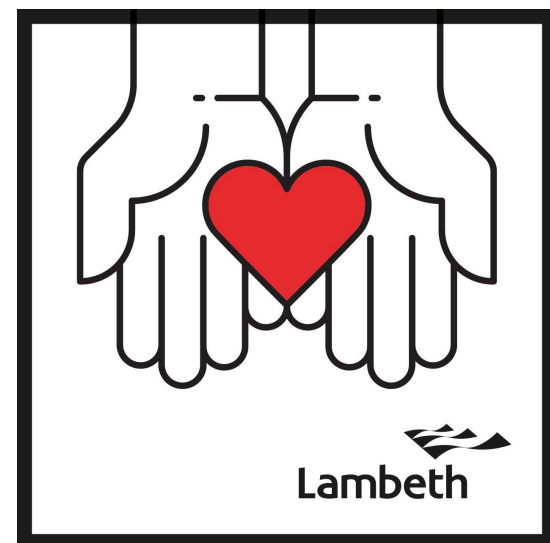
Lambeth's Cost of Living Crisis webpage lists practical and financial support for residents who are impacted with increasing costs of living.

Visit: <https://beta.lambeth.gov.uk/cost-living-crisis-support>

Lambeth also has a cost-of-living leaflet that can be found at GP surgeries, pharmacies, libraries, community and day centres as well as Lambeth Civic Centre and Town Hall to support residents with the cost of living.

If you would like copies of the leaflet sent to you, please email the contact details at the end of this pack.

# Food Support



# LAMBETH LARDER

Lambeth Larder is a social enterprise, connecting local people in financial need to emergency food and other services like advice, debt, and mental health support.

The website is a directory of places residents can access for support and lists many food banks in the borough: <https://www.lambethlarder.org/>

A list of places where residents can access emergency food can be found here: <https://www.lambethlarder.org/emergency-food>

# FOOD BANKS IN LAMBETH

Lambeth has six Trussell Trust food banks in the borough available to residents with food vouchers.

Food vouchers can be gained through a resident's health worker, social worker, doctor, advice centres or through MYCommunity Gateway (details on slide 24).

To find the nearest Trussell Trust food bank, please visit: <https://www.trusselltrust.org/get-help/find-a-foodbank/>

# FREE SCHOOL MEALS

Residents on low-income with a child at a Lambeth school may be eligible for free school meals. The most common way residents are eligible for free school meals is by being in receipt of an income-based benefit or support under Part VI of the Immigration and Asylum Act 1999. More information on eligibility criteria can be found here: <https://beta.lambeth.gov.uk/schools-and-education/free-school-meals-and-financial-support/apply-free-school-meals>

To apply for free school meals, the resident should contact the child's school directly.

If a resident has a child at a school outside of the borough, Lambeth Council recommends contacting the child's school directly regarding free school meal entitlement.

All children in Reception, Year 1 or Year 2 now receive a free meal under the Universal Infant Free School Meal programme. Residents with children in these year groups who would also be eligible for Free School Meals should still apply through schools to ensure they receive any associated funding.

# HEALTHY START FOOD VOUCHERS

Healthy Start Food Vouchers are part of a national government scheme to improve the health of low-income pregnant people and families.

Healthy Start can provide funds (via a prepaid card) for pregnant people and families with children aged under 4 who are in receipt of certain benefits to buy healthy foods.

Eligible people and families receive at least £4.50 per week which can be used to buy fruit, vegetables, pulses, cow's milk, and infant formula in retailers who sell these items.

An application form for Healthy Start Food Vouchers can be found at [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk) or accessed through the resident's midwife

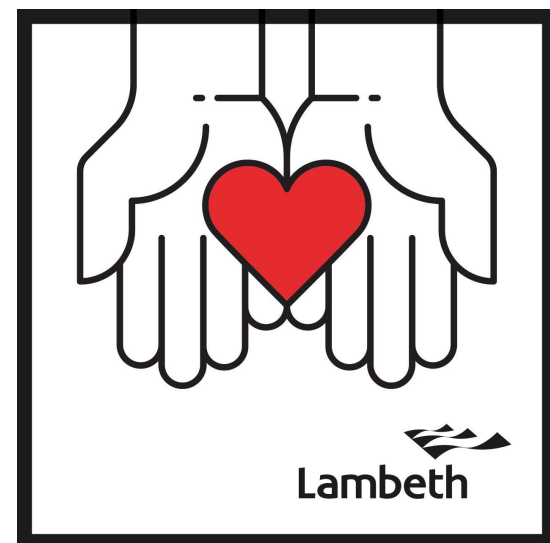


# DAY CENTRES

Lambeth's day centres all provide emergency food as well as advice services for residents. The below centres are accessible for residents to just turn up:

Service name	Description	Address	Opening hours	Website
Ace of Clubs	Centre for homeless people in the borough	Saint Alphonsus Road SW4 7AS	Monday to Friday 12pm-2:30pm	<a href="http://www.aceofclubs.org.uk/">http://www.aceofclubs.org.uk/</a>
Bright Morning Star Ministries	Day centre for homeless people or prison leavers	Chandler Community Hall Lambeth Walk, SE11 6DU	Tuesdays 10am - 1pm	<a href="http://www.thebrightmorningministries.com/">http://www.thebrightmorningministries.com/</a>
Refugee Community Kitchen	Free takeaway hot food for all	Windrush Square, SW2 1JG	Sundays 5.30 - 6.30	<a href="https://refugeecommunitykitchen.org/">https://refugeecommunitykitchen.org/</a>
Spires	Day centre for homeless people	8 Tooting Bec Gardens, SW16 1RB	Monday to Friday Various times dedicated to certain cohorts	<a href="http://www.spires.org.uk/">http://www.spires.org.uk/</a>
Webber Street	Day centre for homeless people	6-8 Webber Street, Waterloo, London, SE1 8QA	Monday to Wednesday & Saturday 8.30am	<a href="https://www.webberstreet.org/">https://www.webberstreet.org/</a>
Streets Kitchen	Free takeaway hot food for residents in need	Multiple locations	Dates and times depending on location	<a href="https://www.streetskitchen.org/locations/london">https://www.streetskitchen.org/locations/london</a>

# Fuel Support



# FINANCIAL SUPPORT FOR ENERGY BILLS

Supplier	Contact
British Gas Energy Support Fund	<a href="https://britishgasenergytrust.org.uk/grants-available/">https://britishgasenergytrust.org.uk/grants-available/</a>
Scottish Power Hardship Fund	<a href="https://community.scottishpower.co.uk/t5/Help-paying-your-bill/Hardship-Fund/ta-p/53">https://community.scottishpower.co.uk/t5/Help-paying-your-bill/Hardship-Fund/ta-p/53</a>
Ovo Energy Fund	<a href="https://www.ovoenergy.com/help/debt-and-energy-assistance">https://www.ovoenergy.com/help/debt-and-energy-assistance</a>
E.ON Energy Fund	<a href="https://www.eonenergy.com/for-your-home/saving-energy/need-little-extra-help/energy-fund">https://www.eonenergy.com/for-your-home/saving-energy/need-little-extra-help/energy-fund</a>
E.ON Next Energy Fund	<a href="https://www.eonnextenergyfund.com/">https://www.eonnextenergyfund.com/</a>
EDF Energy Customer Support Fund	<a href="https://www.edfenergy.com/for-home/help-centre/faq/can-i-get-grant-help-me-pay-my-energy">https://www.edfenergy.com/for-home/help-centre/faq/can-i-get-grant-help-me-pay-my-energy</a>
Bulb Energy Fund	Bulb Energy Fund helpline: 0300 30 30 635
Octopus 'Octo Assist Fund'	<a href="https://octopus.energy/blog/struggling-to-pay/">https://octopus.energy/blog/struggling-to-pay/</a>

If a resident can't get a grant from their supplier, they might be able to get a grant from the British Gas Energy Trust (you don't have to be a British Gas customer) but they will need to get debt advice before applying. Residents can check if they are eligible for a grant from the British Gas Energy trust here: <https://britishgasenergytrust.org.uk/grants-available/>

# THE GREEN DOCTOR

The Green Doctor offers free advice to residents in improving energy efficiency and reducing their energy bills.

Some of the free services from the Green Doctor include:

- Finding causes of heat loss in homes
- Helping to find and fix damp or mould problems
- Offering useful tips for saving energy and water
- Installing small energy and water efficiency measures, such as draft excluders
- Support to switch energy providers to save money
- Support to access other support, such as emergency heating, government subsidies or grants, advice on energy or water debt.

More information on the Green Doctor can be found at <https://www.groundwork.org.uk/greendoctor/>

# CITIZEN'S ADVICE EXTRA HELP UNIT

Citizen's Advice Extra Help unit can support residents who either have no energy supply, are about to run out of credit or have no money for a prepayment meter. They can also help residents with talking to their energy supplier to organise tariffs, create a debt repayment plan or support in other ways.

The Citizen's Advice Consumer helpline is **0808 223 1133**. When calling, please ask for the Extra Help Unit.

# POST OFFICE PAYOUTS

If a resident is in receipt of Council Tax Support, they should have received a letter that can be exchanged for cash or bank transfer at their local Post Office.

The amounts residents have received are as follows:

- £150 for residents in Council Tax Bands E-G
- £100 for household with pensioners
- £50 for all other households

Residents that fit into more than one category will have received one letter that can be exchanged for both payouts.

These letters have initially been issued through the Post Office but are legitimate and residents should be encouraged to cash them as soon as possible to prevent expiry (3 months after letter was issued).

If your resident is unable to collect the Post Office payout themselves, please ask them to contact [CouncilTaxEnergyRebate@lambeth.gov.uk](mailto:CouncilTaxEnergyRebate@lambeth.gov.uk)

# FUELBANK FOUNDATION

The Housing Support Team have fuel vouchers to support an array of vulnerable cohorts including welfare impacted residents, care leavers, pensioners, and residents in high arrears and at risk of eviction.

Fuel vouchers in the value of £30 are issued in the Spring/Summer seasons and vouchers in the value of £49 are issued in Autumn/Winter seasons

To be eligible for these vouchers residents must:

- Have a pre-payment meter
- Be living without heat, light or power because the meters have been switched off OR meters will be switched off within the next 24-48 hours and residents do not have finances for reconnection
- Residents are at risk of eviction, in high rental arrears or on a low income

Please contact the Housing Support Team on [welfaresolutions@lambeth.gov.uk](mailto:welfaresolutions@lambeth.gov.uk) for more information or to make a referral

# WARMER HOMES GRANTS

## Support to improve the efficiency of your home

Grants are available to households who meet the following criteria:

- Homeowners or private renters who meet one of the following:
  - In receipt of an income related benefit
  - Have a low income
  - Have a long-term health condition
- Low-income tenants in social housing

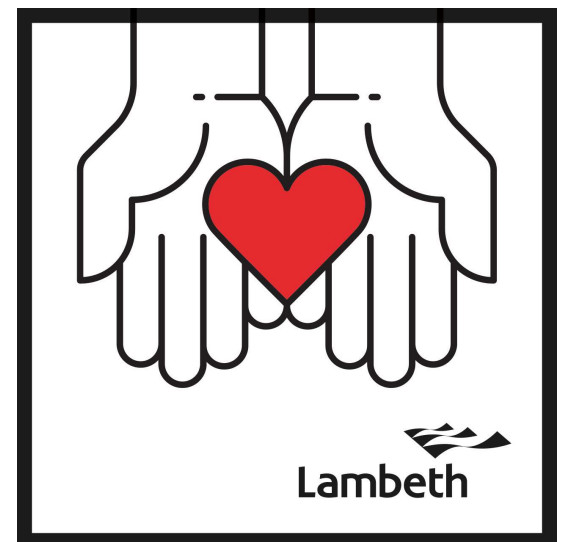
Grants are £5,000 - £25,000 and homes with EPC ratings of E, F or G will be prioritised.

The programme can cover a number of works including heat pumps, insulation, heating system improvements, draught-proofing and solar energy installations.

Landlords can also apply as long as tenants are eligible. Both landlords and tenants must agree to the work being conducted.



# Advice Services



# LOCAL ADVICE SERVICES

## Providing residents with practical and financial support

Lambeth commissions the following advice agencies to provide support to residents:

- Brixton Advice Centre  
Telephone: 020 7095 5908, [www.brixtonadvice.org.uk](http://www.brixtonadvice.org.uk)
- Centre70  
Telephone: 020 8670 0070, <https://centre70.org.uk/>
- Citizen's Advice Merton and Lambeth  
Telephone: Lambeth Adviceline 03444 889 625, [www.caml.org.uk](http://www.caml.org.uk)

The services can help support residents in the following areas:

- Welfare advice
- Income maximisation
- Budgeting and money management
- Grant finding and applications
- Skills and employment

Referrals can be made by calling the above telephone numbers.

# EVERY POUND COUNTS

## Providing residents with practical and financial support

Every Pound Counts is Lambeth's specialist benefit advice service for vulnerable residents, based in adult social care.

The service works to maximise residents' incomes by identifying unclaimed benefits and correcting underpayments where benefits have been wrongly ended or reduced.

The service is for Lambeth residents experiencing significant long term ill health or disability who may have difficulty accessing mainstream advice services or acting on advice given due to vulnerability or ill health.

Services supporting vulnerable residents can refer to the team by completing an application form available on <https://beta.lambeth.gov.uk/benefits-financial-support/get-benefits-advice>

You can also contact the service by calling 0207 926 5555 and selecting option 4 or by emailing the team on [everypoundcounts@lambeth.gov.uk](mailto:everypoundcounts@lambeth.gov.uk)

# JOBS AND SKILLS DEVELOPMENT

## What does Lambeth Offer?

### **Connecting Communities**

Employment Programme providing support going back to work for any unemployed residents.  
Telephone number: 0207 926 0500

### **Youth Hubs**

1:1 job and careers support with referrals to specialist guidance and programmes for young people aged 18-30.  
Telephone number: 0207 926 0500

### **Lambeth Adult Learning**

Skills development across a broad curriculum, including digital, maths and English skills and ESOL, as well as direct support with the cost of living  
Telephone: 0207 926 3304

### **Work & Health Programme Core and JETS**

Additional employment support on top of Job Centre Plus for disabled residents or the long term unemployed (LTU) and specified disadvantaged groups.

More information about this support can be found on [opportunity.lambeth.gov.uk](https://opportunity.lambeth.gov.uk) or by contacting [opportunitylambeth@lambeth.gov.uk](mailto:opportunitylambeth@lambeth.gov.uk)

**Twitter:** @opplambeth

**Instagram (Lambeth Made Youth focus):** Lambeth\_Made

# MYCOMMUNITY GATEWAY

Providing residents with practical and financial support

Lambeth Council commissions Age UK's MYCommunity Gateway for all residents over the age of 18.

The service can help residents requiring food, medication, befriending or other support. They can also issue food bank vouchers.

Residents can contact the team in the following ways:

Telephone: 0333 360 3700

Website: [connectlambeth.org](https://connectlambeth.org)

Email: [mycommunity@ageuklambeth.org](mailto:mycommunity@ageuklambeth.org)

# DEBT ADVICE

Providing residents with practical and financial support

Alongside Lambeth's advice services, the following national services also provide debt advice to residents:

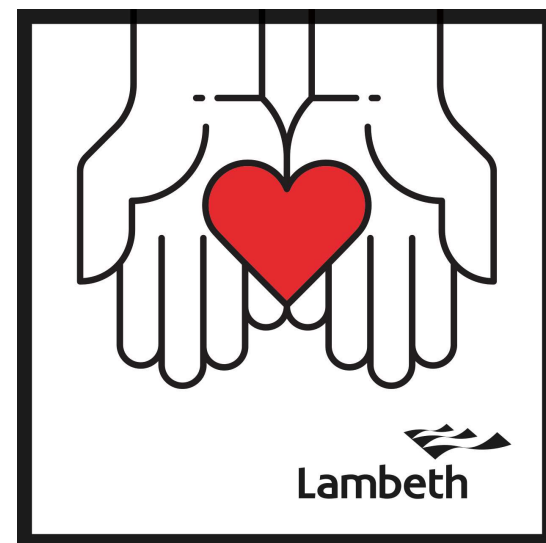
## National Debt Line

**0808 808 4000** Monday to Friday, 9am - 8pm & Saturday  
9:30am – 1pm

## StepChange

**0800 138 1111** Monday to Friday, 8am - 8pm & Saturday  
8am – 4pm

# Grants



# HOUSEHOLD SUPPORT SCHEME

Lambeth's **Household Support Scheme**, can support residents facing hardship, a crisis, emergency or disaster or have community care and/or resettlement needs. This includes residents struggling to pay bills or afford food.

The scheme **can provide** residents with the following support:

- Food and fuel vouchers
- White goods
- Kitchenware
- Furniture
- Repairs
- Clothes vouchers

To **qualify** for the scheme, residents must:

- Live in Lambeth
- Be aged 16+
- Have a household income of less than £30,000 per annum
- Have not received funding from the scheme in the past six months

Residents can apply for food and fuel support regardless of benefit status but need to be in receipt of an income-based benefit for all other forms of support.

Visit <https://beta.lambeth.gov.uk/benefits-financial-support/extra-support-people-crisis/household-support-scheme/apply-online> to apply



**Lambeth**



# GRANT FINDING AND INCOME MAXIMISATION WEBSITES

There are a number of websites that can support residents with finding appropriate grants and maximising their income to support with increases to food and energy bills as well as with training and employment support.

The below websites all include a directory of grants residents can apply to:

**Turn2Us:** <https://grants-search.turn2us.org.uk/>

**EntitledTo:** <https://www.entitledto.co.uk/benefits-calculator/Intro/Home?cid=fb432801-5b94-42c3-a6c9-717ac8b78790>

**LightningReach:** <https://www.lightningreach.org/application-portal>

# GRANTS FOR RESIDENTS IN HOUSING ASSOCIATIONS

Many housing associations offer **hardship grants and support to tenants in need**. If an individual is a housing association tenant encourage them to get in touch to establish what support is available.

If residents live in a **Southern Housing Group** property they may be able to access a range of support including:

- Grants,
- money advice and benefits support,
- employment, training and digital support.

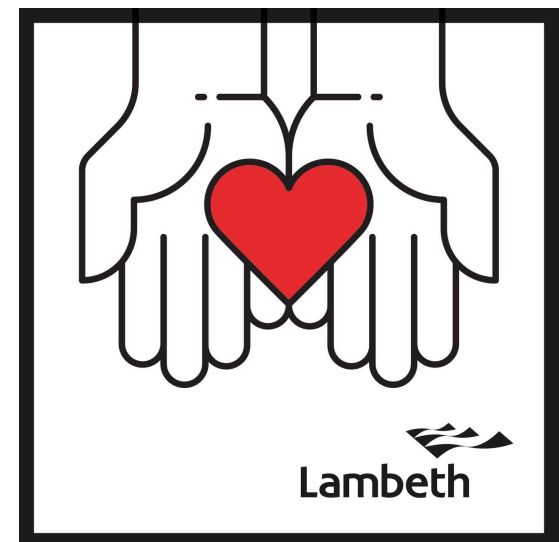
Email [community.investment@shgroup.org.uk](mailto:community.investment@shgroup.org.uk) or visit [www.southern360.org.uk/investing-in-communities](http://www.southern360.org.uk/investing-in-communities) for more information and to self-refer.

# Contact details

Residents requiring support with the cost of living can contact: [costofliving@lambeth.gov.uk](mailto:costofliving@lambeth.gov.uk)

If your setting requires materials or would like a briefing from the cost-of-living team, please contact

Laura Stoker: [lstoker@lambeth.gov.uk](mailto:lstoker@lambeth.gov.uk)



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